



Overview of
2017-2019 Community Health Plan
(Implementation Strategies)

May 15, 2017

Community Health Needs Assessment Process

Texas Health Huguley Hospital Fort Worth South (the Hospital) is a part of the 24-Hospital Texas Health Resources (THR) system in the Dallas-Fort Worth area of Texas. In 2016, THR conducted Community Health Needs Assessments (CHNA) for all its facilities. The Assessments identified the health-related needs of community including low-income, minority, and medically underserved populations. A specific Community Health Needs Assessment was created for Texas Health Huguley Hospital Fort Worth South.

The THR hospitals collected community health data from several sources.

- In-depth stakeholder interviews and focus groups with people who had public health expertise and could speak to the broad interests of the community and/or the needs of low-income/underserved populations
- An online survey (of community members) collecting input on community health needs, assets and barriers
- Leveraging of the Health North Texas platform with 100 health indicators, along with PQI (Performance Quality Indicators) from the Dallas/Fort Worth Hospital Council. The local indicators were compared to national, state and county-level trends over time, as well as Healthy People 2020 targets.

All data was synthesized to identify significant community needs. The needs were considered significant if at least two of the data sources cited the topic as a pressing concern.

Next, key Texas Health Huguley Hospital staff and community stakeholders used the data analysis and synthesis findings to vote on which significant health needs would be prioritized for the development of the Community Health Plan/Implementation Strategy. The group included representation not only from the Hospital, public health and the broad community, but from low-income, minority and other underserved populations.

This Community Health Plan lists targeted interventions and measurable outcome statements for each Priority Issue noted below. It includes the resources the Hospital will commit to the Plan, and notes any planned collaborations between the Hospital and other community organizations and hospitals.

Priority Issues that will be addressed by Texas Health Huguley Hospital

Texas Health Huguley Hospital will address the following Priority Issues in 2017-2019. These Priority areas were selected by the Hospital and community stakeholders based on the synthesized data process noted above:

1. Access to Health Services
2. Mental Health and Mental Disorders
3. Exercise, Nutrition, and Weight
4. Older Adults and Aging

Issues that will not be addressed by Texas Health Huguley Hospital

The 2016 Community Health Needs Assessment also identified the follow community health issues that the Hospital will not address: Cancer, Heart Disease and Stroke. The list below includes an explanation of why the Hospital is not addressing them.

- Cancer – Lack of Expertise and Reliance on a Strong Partnership. The Hospital will continue to participate by supporting referrals from Susan G. Komen Foundation for Mammography and working with Moncrief Institute to provide mammography, clinical breast examinations, and pap smears.
- Heart Disease & Stroke – Though not a prioritized area, the Hospital has certifications in stroke and chest pain. The Hospital will offer annual education courses on each topic and partner with community organizations as necessary. (This education element is also seen as part of the Older Adults and Aging category above.)

Board Approval

The Texas Health Huguley Hospital Board formally approved the specific Priority Issues and the full Community Health Needs Assessment in 2016. The Board also approved this Community Health Plan on April 27, 2017.

Public Availability

The Texas Health Huguley Hospital Community Health Plan was posted on its web site prior to May 15, 2017. Please see www.TexasHealthHuguley.org/CommunityBenefit. Paper copies of the Needs Assessment and Plan are available at the Hospital, or you may request a copy from huguley-admin@AHSS.ORG

Ongoing Evaluation

Texas Health Huguley Hospital's fiscal year is January-December. For 2017, the Community Health Plan will be deployed beginning May 15 and evaluated at the end of the calendar year. In 2018 and beyond, the Plan will be implemented and evaluated annually for the 12-month period beginning January 1 and ending December 31. Evaluation results will be attached to our IRS Form 990, Schedule H.

For More Information

If you have questions regarding Texas Health Huguley Hospital's Community Health Needs Assessment or Community Health Plan, please contact huguley-admin@AHSS.ORG

Texas Health Huguley Hospital Fort Worth South 2017-2019 Community Health Plan

Priority Areas

Priority Area	Are you addressing the priority area?	
	Yes	No
1 Access to Health Services	x	
2 Mental Health	x	
3 Exercise, Nutrition, and Weight	x	
4 Older Adults and Aging	x	

Priority Area 1:		Access to Health Services				
Need Statement	Based on community input, key barriers to accessing healthcare services in the community include a lack of awareness of available resources and low levels of literacy in understanding how to manage and navigate a complex health care system.					
Goals	<ul style="list-style-type: none"> • Increase Access to health services • Improve health literacy and navigation 					
Strategic Alignment	Consumer Focus - Improve the wellbeing of the communities we serve					
Resources	Staff & volunteers, budget, community, partners, TBD					
Strategies	Activities	Lead Dept / Staff	Process Objectives (SMART)	Anticipated Impact		
				Short-Term Outcomes	Intermediate Outcomes	Long-Term Outcomes
1) Be present in the community through offering the Mobile Health Unit services and community wellness classes and events	1) Send Mobile Health Unit to 12 locations that are underserved in the community	Community Outreach	<ul style="list-style-type: none"> • By December 31, 2017, make approximately 12 site visits per month, excluding major holidays • See approximately 2500 unique individuals per year 	<ul style="list-style-type: none"> • Increase community access to needed healthcare • Increase Awareness of the community health offerings 	<ul style="list-style-type: none"> • Build trust with the community as the hospital is caring for them before a hospital stay is needed • Community referral network built for the Mobile Health Unit to send patients needing specialty care 	<ul style="list-style-type: none"> • Evidence of increased access to health services by increasing total number of unique individuals reached • Remove transportation as a primary barrier and reduce unnecessary Emergency Department visits
	2) Make Community Health Classes more accessible to improve wellbeing of the community	Marketing/ Communications Coordinator	<ul style="list-style-type: none"> • By December 31, 2017 have a monthly community class schedule that is distributed on the website • Reach approximately 1000 individuals per year through community health classes and events. 			

Priority Area 2:		Mental Health & Mental Disorders				
Need Statement	Based on community input, Mental disorders are among the most common forms of disability. Offering accessible care in the appropriate setting is a key identified need for these patients					
Goals	<ul style="list-style-type: none"> • Increase accessibility and awareness of current community offerings • Develop strong partnerships with local ISDs, Law Enforcement, and community clinics to help patients navigate system 					
Strategic Alignment	Texas Health Resources has committed to improving access to quality comprehensive Behavioral Health Care. With the addition of the Mansfield Acute Psychiatric Care and Residential Treatment center nearby, this is a key item for managing this population in this area. Mental disorders are among the most common forms of disability. The HP2020 goal is to improve mental health through prevention and by ensuring access to appropriate, quality mental health services					
Resources	Staff & volunteers, budget, community, partners, TBD					
Strategies	Activities	Lead Dept / Staff	Process Objectives (SMART)	Anticipated Impact		
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1) Put the care in the communities of the underserved	1) Offer free intake assessments to increase navigation of complex health care delivery system	Behavioral Health Director	<ul style="list-style-type: none"> • By July 2018 promote free assessments to local police departments, school districts, and resource centers in the hospital's primary service area. 	<ul style="list-style-type: none"> • Increased awareness of free assessments and services. • Increase community access to needed behavioral health resources. 	<ul style="list-style-type: none"> • Build integrated referral network (for the underserved) from community-based outreach and partnerships to the hospitals mental health services. • Build trust with underserved populations. 	<ul style="list-style-type: none"> • Contribute to a decreased and undiagnosed mental health / mental disorder. • Community will view Texas Health Huguley as the mental health resource and partner in the area.
	2) Partner with the City of Everman and Everman ISD	Marketing/ Communications Coordinator	<ul style="list-style-type: none"> • Take health education classes & screening opportunities directly to that market through participation in monthly Student Health Advisory Committee 			

Priority Area 3:	Exercise, Nutrition, and Weight						
Need Statement	Based on input, Exercise, Nutrition and Weight was identified as an issue through data and interview groups. This was expanded as Obesity/Overweight being identified as a major issue through online surveys.						
Goals	<ul style="list-style-type: none"> Educate community on living healthier lives through good nutrition Provide opportunities for community members to learn how to be more active and manage weight 						
Strategic Alignment	Consumer Focus - Healthier communities through promoting and educating on healthy habits; Nutritious diets, regular physical activity, and healthy weight maintenance are all important aspects of chronic disease prevention. The HP2020 goal is to improve health and quality of life through these behaviors.						
Resources	Staff & volunteers, budget, community, partners						
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1) Raise awareness and accessibility of living a healthier life through Fitness Center and Strategic partnerships	1) Offer free community nutrition courses to educate community on healthier eating options	Nutrition Services Director	<ul style="list-style-type: none"> Provide 4 community nutrition classes per year. 	<ul style="list-style-type: none"> Increase awareness and attendance at provided classes/events. Implement CREATION Health into classes / events 	<ul style="list-style-type: none"> Increase membership at fitness center Community members become aware of CREATION Health and hospital's overall focus on wellness. 	<ul style="list-style-type: none"> See quantifiable results of a healthier community. Community members implement CREATION Health principles in daily lives. 	
	2) Offer Stanford Diabetes Self Management programs and support groups	Diabetes Grant Administrator	<ul style="list-style-type: none"> Provide 6 diabetes management programs per year. 				
	3) Offer Exercise courses through Fitness Center to encourage healthy habits	Fitness Center Manager	<ul style="list-style-type: none"> Promote membership for regular fitness activity. Provide 4 opportunities a year for community members to participate in free fitness 				

Priority Area 4: Older Adults & Aging																					
Need Statement	Based on input and data, 65+ population is growing at a faster pace than most other age groups. This will bring new health challenges planning for HP 2020																				
Goals	<ul style="list-style-type: none"> Promote safe living environments for aging population Educate older adults on topics specific to aging in a healthy way 																				
Strategic Alignment	Older adults are among the fastest growing age group and are at high risk for developing chronic illness and related disabilities. The HP2020 goal is to improve the health, function, and quality of life of older adults																				
Resources	Staff & volunteers, budget, community, partners, TBD																				
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