

### **2016 COMMUNITY HEALTH NEEDS ASSESSMENT**



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#### 1. Executive Summary: The Community Health Needs Assessment Process

Florida Hospital Fish Memorial (the Hospital) is one of five Florida Hospital facilities in Volusia County, Florida. Florida Hospital's Volusia County facilities include Florida Hospitals DeLand, Fish Memorial, Memorial Medical Center, Oceanside and New Smyrna (formerly Bert Fish Hospital).

Florida Hospital (five facilities) in Volusia County is part of the 2016 Volusia County Community Health Needs Assessment Partnership. Other Partnership members include the Florida Department of Health-Volusia, Halifax Health (a government hospital), and One Voice for Volusia (community nonprofit). All Partnership members including the five Florida Hospitals define Volusia County as their primary service area.

In 2016, the Partnership conducted a Volusia County Community Health Needs Assessment. For Florida Hospital, this Assessment is considered to be a joint, **regional Community Health Needs Assessment** for the five Florida Hospital facilities in Volusia County.

Florida Hospital then used the regional Needs Assessment to develop facility-specific Community Health Needs Assessment documents for each facility. This document is the facility-specific assessment for Florida Hospital Fish Memorial.

The reader will note that this Fish Memorial document aligns with the regional Community Health Needs Assessment. It also discusses the immediate community around Florida Hospital Fish Memorial in order to demonstrate an understanding of the specific Fish Memorial community.

The regional 2016 Community Health Needs Assessment is also posted on this web page.

#### Goals

The goals of the regional 2016 Volusia County Community Health Needs Assessment were to:

- Engage public health and community stakeholders including low-income, minority and other underserved populations;
- Assess and understand the community's health issues and needs;
- Understand the health behaviors, risk factors and social determinants that impact health;
- Identify community resources and collaborate with community partners;
- Publish this Community Health Needs Assessment; and
- Use Assessment findings to develop and implement a 2016-2019 countywide Community Health Plan (Implementation Strategies) based on the community's prioritized issues. (The countywide Community Health Plan will describe how each collaborating partner plans to address or not address each significant health need identified in the joint Community Health Needs Assessment and will include the strategies in each partners' individual Community Health Plan (CHP), including Florida Hospital Fish Memorial).

#### Methods for Engaging the Community in the Assessment

In order to assure broad community input, Florida Hospital and the Volusia County Community Health Needs Assessment Partnership created a multi-tiered approach to stakeholder involvement. Specifically:

1. The plan included the formation of a **Leadership Team** that included 45 leaders from 15 organizations representing key sectors of the public health system as well as low-income, minority and other underserved populations. The Leadership Team was tasked with guiding the Partnership through the Assessment process. The Leadership Team met three times in 2015 and 2016 to

review primary and secondary data, help define the Priority Issues to be addressed in the countywide Community Health Plan, and help develop the Community Health Plans (implementation strategies) for each collaborating hospital facility to address. The assessment process and selection of the priority issues for the Hospital's community was conducted by the Leadership Team. Specific Leadership Team functions included:

- Review of all primary and secondary data
- Prioritization of key issues identified in the Assessment
- Selection of Priority Issues to be addressed by the hospital
- Assistance with the development of a Community Asset Inventory (see Section 9)
- Participation in community stakeholder surveys
- Development of the Community Health Plan (implementation strategies) to address the Priority Issues identified in the Assessment.
- 2. In addition to the Leadership Team, the 2016 Community Health Needs Assessment process included input from people representing the broad community, as well as low-income, minority and other medically underserved populations. This input was solicited throughout 2016, and was gathered and considered in multiple ways:
  - Community surveys (internet and paper) that reached 2,003 consumers and stakeholders
  - Two community meetings that engaged 120 community members and stakeholders
  - Public Health input and expertise

#### Data

The Volusia County CHNA Partnership's Leadership Team and the five Florida Hospital facilities in Volusia County collected both primary and secondary data. The primary data included stakeholder input at two community meetings and a community survey with 2,003 respondents. Additionally, Florida Hospital Fish Memorial considered internal hospital utilization data (inpatient and emergency department) to determine their internal priority issues.

The secondary data included public health and other publicly available data from state and nationally recognized data sources.

Much of the primary and secondary data included in this final CHNA report was compiled by One Voice for Volusia, the agency contracted by the Partnership to assist with data collection. See Section 7 for a list of data sources.

#### **Asset Inventory**

The next step was a Community Asset Inventory. This Inventory was designed to help the Volusia County Partnership (1) understand existing community efforts to address the identified health issues and (2) prevent duplication of efforts as appropriate. The Asset Inventory was created through a web-based Community Input Survey and a Community Meeting, hosted by One Voice for Volusia, with 120 stakeholders participating. *The Asset Inventory is found in Section 9 and Appendix B*.

#### **Selection Criteria**

Using the data findings and the Community Asset Inventory, the Volusia County Partnership's Leadership Team narrowed the initial identified health topics to 14 key health issues. Through input gathered at a meeting of 120 community members, that list was narrowed to five final Priority Health and Health Behavior/Risk Factor Issues (determinants of health).

The Volusia County Leadership Team used clearly defined criteria to select the top Health and Health Behavior/Risk Factor Issues. The criteria included:

- A. How acute is the need? (based on data and community concern)
- B. What is the trend? Is the need getting worse?
- C. Does the hospital provide services that relate to the priority?
- D. Is someone else or multiple groups in the community already working on this issue?
- E. If the hospital were to address this issue, are there opportunities to work with community partners?

#### **Priority Issues**

The Priority Issues selected by the Partnership were:

- 1. Adult Behavioral Health
- 2. Youth Mental Health and Behavioral Health
- 3. Chronic Disease: Cardiovascular and Diabetes
- 4. Barriers to Accessing Health Care Services
- 5. Healthy Eating and Physical Activity

See Section 11-12 for an explanation of the issues chosen and not chosen – and the reasons why or why not.

#### **Approvals**

The Community Health Needs Assessment findings, Report and selected Priority Issues were approved by the Florida Hospital Fish Memorial Hospital Board in Fall 2016. The Florida Hospital Fish Memorial and regional Community Health Needs Assessments were posted on the Hospital's web site prior to December 31, 2016. (The other Florida Hospital facilities in Volusia County also posted regional and facility-specific Assessments.)

#### **Next Steps**

The Volusia County Partnership (including the five Florida Hospital facilities) will work to develop a measurable 2016-2019 Community Health Plan (implementation strategy) to address the priority issues. The Plan will include Florida Hospital and the other partners. It will be completed and posted on the Hospital's web site prior to May 15, 2017.

#### 2. Hospital Description

Florida Hospital Fish Memorial is a part of Adventist Health System, the nation's largest not-for-profit Protestant healthcare provider with a mission of extending the healing ministry of Christ. Florida Hospital Fish Memorial is a 175-bed hospital organization that is fully accredited by the Joint Commission on Accreditation of Health Care Organizations. For over 50 years, Florida Hospital Fish Memorial has served the West Volusia area and surrounding communities by providing comprehensive healthcare services.

#### 3. Choosing the Community

Florida Hospital Fish Memorial defines its "community" for the purposes of the Community Health Needs Assessment as all of Volusia County. The Hospital's Primary Service Area (PSA) from which 75-80% of its patients come includes ZIP codes 32713, 32725, 32738 and 32763.

#### 4. Community Description & Demographics

Florida Hospital Fish Memorial's Primary Service Area is Volusia County, with a special focus on ZIP codes 32713, 32725, 32738 and 32763.

#### **Volusia County Profile**

Stretching along 47 miles of the Atlantic Coast and west to the St. Johns River lies Volusia County, Florida. Located at the intersection of the I-4 and I-95 corridors, Volusia County is roughly the size of Rhode Island and sits about 50-miles northeast of Orlando, 60 miles north of the Kennedy Space Center, and 90 miles south of Jacksonville. Volusia County is geographically separated into east and west, and in some areas almost literally divided by wetlands. Volusia County has 16 cities--the city of Deltona, on the west, is the largest in population and Daytona Beach, on the east, ranks second, while unincorporated Volusia County makes up about one-fifth of the population.

In 2014, Volusia County's population increased over the half million mark to 507,531, growing 2.6% since 2010. Children 18 and under made up 18% of the population, while 23.2% of the population was 65 years and older.

According to the U.S. Census Bureau, the Volusia County median income was \$40,818 and 11.7% of all families were living in poverty as last reported in 2014. The poverty indicator jumps to 24.0 % for households with children 18 and under and to 46.9% for female, single head of households with children under 18.

Preliminary Volusia County unemployment statistics for December 2015 have been released by the U.S. Department of Labor, Bureau of Labor Statistics, Local Area Unemployment Statistics Program. They show the Volusia County civilian labor force at 236,801; total employment at 225,072 and total unemployment at 11,729, indicating an unemployment rate of 5.0 % (formerly at 10.8 % in 2011).

Volusia County is home to nine regionally accredited colleges and universities and two technical colleges, with over 35,000 students enrolled in a variety of degree and certificate programs. These institutions offer a diverse focus of academic programs and have been recognized by U.S. News and World Report in the 2015 Best Colleges Rankings. 88.9% of Volusia residents have a high school education or higher and 22.5% have a bachelor degree or higher. During the 2015-16 school year, total public school enrollment (PreK-12) was 62,937.

In 2014, the Volusia County population was 83.9% white, 10.5% black and 5.6% other races or multi-racial. 12.2% of the population was Hispanic.

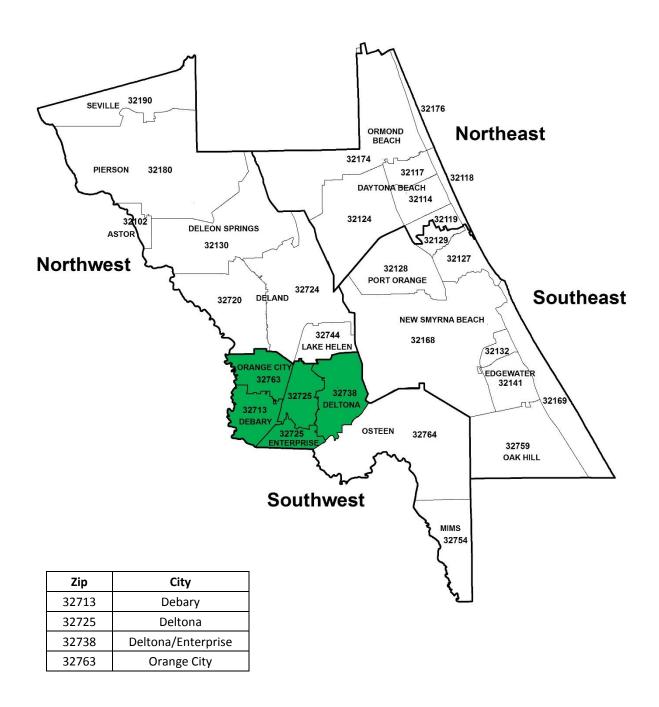
#### Florida Hospital Fish Memorial

As detailed in the tables on the following pages, residents in some geographic areas of the County and the PSA suffer disproportionately with respect to key socio-economic and health issues. A summary of those differences relating to the Florida Hospital Fish Memorial Primary Service Area ZIP codes is noted below:

- 32763 and 32725 had higher rates family poverty than the Volusia County
- 32763, 32725 and 32738 had higher rates of unemployment than the Volusia County
- 32738 had a higher rate of Age-adjusted Heart Failure hospitalizations than the rest of the PSA
- 32738 had a higher Coronary Heart Disease Age-adjusted death rate than the rest of the PSA
- 32763 had a higher Stroke hospitalization rate than the rest of the PSA
- 32763 had a higher Diabetes age-adjusted death rate than the rest of the PSA
- 32763 and 32713 had a higher low birth weight rate than the rest of the PSA

# Socio-Demographic Data for Florida Hospital Fish Memorial

Source: http://www.nefloridacounts.org/



# 2016 Population and Population by Sex

Zip Code	City	County	2016 Population	Male	Female
32713	De Bary	Volusia	20,850	10,049 (48.20%)	10,801 (51.80%)
32725	Deltona	Volusia	46,273	22,326 (48.25%)	23,947 (51.75%)
32738	Deltona	Volusia	45,948	22,516 (49.00%)	23,432 (51.00%)
32763	32763 Orange City Volusia		22,867	10,770 (47.10%)	12,097 (52.90%)
	Volusia		516,712	251,718 (48.72%)	264,994 (51.28%)
Florida			20,299,288	9,931,093 (48.92%)	10,368,195 (51.08%

# **2016 Population by Ethnicity**

Zip Code	City	County	Hispanic/Latino	Not Hispanic/Latino
32713	De Bary	Volusia	2,553 (12.24%)	18,297 (87.76%)
32725	Deltona	Volusia	15,849 (34.25%)	30,424 (65.75%)
32738	Deltona	Volusia	14,825 (32.26%)	31,123 (67.74%)
32763	Orange City	Volusia	3,993 (17.46%)	18,874 (82.54%)
Volusia			65,488 (12.67%)	451,224 (87.33%)
Florida			4,974,766 (24.51%)	15,324,522 (75.49%

# Population by Single Race

Zip Code	City	County	White	Black/ African American	Asian
32713	De Bary	Volusia	18,330 (87.91%)	1,035 (4.96%)	462 (2.22%)
32725	Deltona	Volusia	34,909 (75.44%)	4,927 (10.65%)	763 (1.65%)
32738	Deltona	Volusia	33,892 (73.76%)	6,011 (13.08%)	520 (1.13%)
32763	Orange City	Volusia	19,676 (86.05%)	1,403 (6.14%)	330 (1.44%)
	Volusia		419,602 (81.21%)	55,982 (10.83%)	9,190 (1.78%)
	Florida		14,936,301 (73.58%)	3,321,429 (16.36%)	552,479 (2.72%)

Zip Code	City	County	American Indian/ AK Native	Native HI/Pacific Islander	Some Other Race	2+ Races
32713	De Bary	Volusia	74 (0.35%)	3 (0.01%)	459 (2.20%)	487 (2.34%)
32725	Deltona	Volusia	237 (0.51%)	30 (0.06%)	3,546 (7.66%)	1,861 (4.02%)
32738	Deltona	Volusia	240 (0.52%)	27 (0.06%)	3,332 (7.25%)	1,926 (4.19%)
32763	Orange City	Volusia	82 (0.36%)	3 (0.01%)	780 (3.41%)	593 (2.59%)
Volusia			1,911 (0.37%)	245 (0.05%)	17,057 (3.30%)	12,725 (2.46%)
	Florida		81,742 (0.40%)	14,738 (0.07%)	813,247 (4.01%)	579,352 (2.85%)

## 2016 Population by Age (Under Age 18)

Zip Code	City	County	0 - 4	5 - 9	10 - 14	15 - 17
32713	De Bary	Volusia	970 (4.65%)	1,005 (4.82%)	1,111 (5.33%)	707 (3.39%)
32725	Deltona	Volusia	2,637 (5.70%)	2,729 (5.90%)	2,984 (6.45%)	1,826 (3.95%)
32738	Deltona	Volusia	2,750 (5.99%)	2,816 (6.13%)	3,240 (7.05%)	2,036 (4.43%)
32763	32763 Orange City Volusia		1,221 (5.34%)	1,234 (5.40%)	1,338 (5.85%)	770 (3.37%)
Volusia			24,229 (4.69%)	24,985 (4.84%)	26,228 (5.08%)	17,050 (3.30%)
	Florida		1,101,372 (5.43%)	1,131,767 (5.58%)	1,161,909 (5.72%)	732,432 (3.61%)

## 2016 Population by Age (Adults)

Zip Code	City	County	18 - 20	21 - 24	25 - 34	35 - 44	45 - 54
32713	De Bary	Volusia	634 (3.04%)	826 (3.96%)	1,957 (9.39%)	2,203 (10.57%)	2,867 (13.75%)
32725	Deltona	Volusia	1,689 (3.65%)	2,381 (5.15%)	5,438 (11.75%)	5,722 (12.37%)	6,567 (14.19%)
32738	Deltona	Volusia	1,873 (4.08%)	2,620 (5.70%)	5,699 (12.40%)	6,025 (13.11%)	6,741 (14.67%)
32763	32763 Orange City Volusia		692 (3.03%)	913 (3.99%)	2,583 (11.30%)	2,601 (11.37%)	2,787 (12.19%)
	Volusia			24,663 (4.77%)	57,472 (11.12%)	53,568 (10.37%)	66,923 (12.95%)
Florida			758,201 (3.74%)	1,044,473 (5.15%)	2,538,115 (12.50%)	2,440,528 (12.02%)	2,726,373 (13.43%)

# 2016 Population by Age (Older Adults)

Zip Code	City	County	55 - 64	65 - 74	75 - 84	85+
32713	De Bary	Volusia	3,409	2,987	1,531	643
32/13	ре вагу	Volusia	(16.35%)	(14.33%)	(7.34%)	(3.08%)
32725	Deltona	Volusia	6,167	4,584	2,429	1,120
32723	Deitoria	Volusia	(13.33%)	(9.91%)	(5.25%)	(2.42%)
22720	32738 Deltona	Volusia	6,162	3,695	1,661	630
32/30			(13.41%)	(8.04%)	(3.61%)	(1.37%)
32763	Orange City	Volusia	2,990	2,763	1,894	1,081
32703	Oralige City		(13.08%)	(12.08%)	(8.28%)	(4.73%)
	Volusia		78,128	68,694	38,185	17,415
voiusia			(15.12%)	(13.29%)	(7.39%)	(3.37%)
el : I			2,674,449	2,229,398	1,224,363	535,908
	Florida		(13.18%)	(10.98%)	(6.03%)	(2.64%)

### 2016 Population Over Age 5 by Language Spoken at Home

Zip Code	City	County	Speak Only English at Home	Speak Spanish at Home	Speak Asian/PI Language at Home	Speak Indo- European Language at Home	Speak Other Language at Home
32713	De Bary	Volusia	17,974	1,375	143	388	0
			(90.41%)	(6.92%)	(0.72%)	(1.95%)	(0.00%)
32725	Deltona	Volusia	30,456	11,647	179	1,159	195
02720	2 0.10114	. 574514	(69.80%)	(26.69%)	(0.41%)	(2.66%)	(0.45%)
32738	Deltona	Volusia	33,202	9,446	29	469	52
32/36	Deitona		(76.86%)	(21.87%)	(0.07%)	(1.09%)	(0.12%)
32763	Orange City	Volusia	18,810	2,589	95	152	0
32703	Orange City	Volusia	(86.90%)	(11.96%)	(0.44%)	(0.70%)	(0.00%)
	Volusia		430,082	43,956	4,418	11,832	2,195
volusia		(87.33%)	(8.93%)	(0.90%)	(2.40%)	(0.45%)	
	Plantida			3,912,758	291,433	978,394	104,837
	Florida		(72.46%)	(20.38%)	(1.52%)	(5.10%)	(0.55%)

## Percent Population Growth 2010 to 2016 (All and Families)

Zip Code	City	County	All	Families
32713	De Bary	Volusia	5.57%	4.22%
32725	Deltona	Volusia	3.91%	3.13%
32738	Deltona	Volusia	5.59%	4.08%
32763	Orange City	Volusia	9.13%	7.03%
	Volusia		4.47%	4.67%
	Florida		7.97%	7.85%

## **2016 Owner Occupied Housing Units Median Value**

Zip Code	Code City		Median Value
32713	De Bary	Volusia	\$161,303
32725	Deltona	Volusia	\$127,259
32738	Deltona	Volusia	\$124,012
32763	Orange City	Volusia	\$111,250
	Volusia	\$143,696	
	Florida	\$172,146	

## 2016 Households, People < 18

Zip Code	City	County	Households including People under Age 18
32713	De Bary	Volusia	2,296 (27.08%)
32725	Deltona	Volusia	5,887 (34.54%)
32738	Deltona	Volusia	6,395 (41.38%)
32763	Orange City	Volusia	2,578 (26.72%)
	Volusia		54,578 (25.06%)
Florida			2,391,077 (29.91%)

## **2016 Median Length of Residence**

Zip Code	City	County	Total	Renter Occupied Housing Units	Owner Occupied Housing Units
32713	De Bary	Volusia	11.40	5.60	12.50
32725	Deltona	Volusia	11.30	4.80	13.00
32738	Deltona	Volusia	11.30	5.20	12.70
32763	Orange City	Volusia	9.80	5.20	12.40
	Volusia		10.40	5.30	12.60
	Florida		9.50	5.10	12.00

## **2016 Occupied Housing Units by Vehicles Available**

Zip Code	City	County	No	1	2	3	4	5+
Zip Code	zip code city		Vehicle	Vehicle	Vehicles	Vehicles	Vehicles	Vehicles
32713	De Bary	Volusia	526	2,848	3,877	1,056	122	50
32/13	ре вагу	Volusia	(6.20%)	(33.59%)	(45.72%)	(12.45%)	(1.44%)	(0.59%)
22725	32725 Deltona	Volusia	738	6,591	6,942	2,126	508	137
32/23		Volusia	(4.33%)	(38.68%)	(40.73%)	(12.48%)	(2.98%)	(0.80%)
22720	22720	Volusia	397	5,071	7,129	2,229	542	86
32738	Deltona		(2.57%)	(32.81%)	(46.13%)	(14.42%)	(3.51%)	(0.56%)
32763	Orango City	Volusia	727	4,512	3,526	721	107	56
32/03	Orange City	Volusia	(7.53%)	(46.76%)	(36.54%)	(7.47%)	(1.11%)	(0.58%)
	Maluaia		12,934	95,428	81,719	21,856	4,608	1,253
Volusia		(5.94%)	(43.81%)	(37.52%)	(10.03%)	(2.12%)	(0.58%)	
Florida		563,683	3,317,287	3,031,556	823,950	200,008	58,265	
	FIUITUA		(7.05%)	(41.49%)	(37.92%)	(10.31%)	(2.50%)	(0.73%)

## 2016 Households by Income (Under \$50,000)

Zip Code	City	County	< \$15,000	\$15,000 - \$24,999	\$25,000 - \$34,999	\$35,000 - \$49,999
32713	De Bary	Volusia	746 (8.80%)	990 (11.68%)	1,022 (12.05%)	1,553 (18.32%)
32725	Deltona	Volusia	2,008 (11.78%)	2,358 (13.84%)	2,186 (12.83%)	3,102 (18.20%)
32738	Deltona	Volusia	1,697 (10.98%)	1,698 (10.99%)	1,725 (11.16%)	3,040 (19.67%)
32763	Orange City	Volusia	1,334 (13.83%)	1,671 (17.32%)	1,732 (17.95%)	1,501 (15.56%)
	Volusia		32,008 (14.70%)	30,695 (14.09%)	29,564 (13.57%)	38,840 (17.83%)
	Florida		1,080,320 (13.51%)	955,399 (11.95%)	924,023 (11.56%)	1,205,423 (15.08%)

## 2016 Households by Income (\$50,000-\$149,999)

Zip Code	City	County	\$50,000 - \$74,999	\$75,000 - \$99,000	\$100,000 - \$124,999	\$125,000 - \$149,999
32713	De Bary	Volusia	1,749 (20.63%)	1,156 (13.63%)	558 (6.58%)	316 (3.73%)
32725	Deltona	Volusia	3,413 (20.03%)	2,141 (12.56%)	988 (5.80%)	320 (1.88%)
32738	Deltona	Volusia	3,280 (21.22%)	2,165 (14.01%)	936 (6.06%)	363 (2.35%)
32763	Orange City	Volusia	1,767 (18.31%)	860 (8.91%)	405 (4.20%)	112 (1.16%)
	Volusia		37,731 (17.32%)	22,436 (10.30%)	11,435 (5.25%)	5,292 (2.43%)
	Florida		1,439,577 (18.01%)	872,828 (10.92%)	561,297 (7.02%)	314,865 (3.94%)

## 2016 Households by Income (\$150,000 and Over)

Zip Code	City	County	\$150,000 - \$199,999	\$200,000 - \$249,999	\$250,000 - \$499,999	\$500,000+
32713	De Bary	Volusia	325 (3.83%)	44 (0.52%)	18 (0.21%)	2 (0.02%)
32725	Deltona	Volusia	324 (1.90%)	95 (0.56%)	83 (0.49%)	24 (0.14%)
32738	Deltona	Volusia	386 (2.50%)	88 (0.57%)	69 (0.45%)	7 (0.05%)
32763	Orange City	Volusia	169 (1.75%)	37 (0.38%)	47 (0.49%)	14 (0.15%)
	Volusia		5,118 (2.35%)	1,778 (0.82%)	2,249 (1.03%)	652 (0.30%)
	Florida		299,138 (3.74%)	122,176 (1.53%)	154,964 (1.94%)	64,739 (0.81%

### **Median Household Income**

Zip Code	Zip Code City		Median Household Income
32713	De Bary	Volusia	\$49,309
32725	Deltona	Volusia	\$44,521
32738	Deltona	Volusia	\$47,863
32763	Orange City	Volusia	\$35,874
	Volusia		\$41,423
	Florida		\$47,912

## **Families Below Poverty**

Zip Code	City	County	Families Below Poverty	Families Below Poverty with Children
32713	De Bary	Volusia	344 (5.78%)	191 (3.21%)
32725	Deltona	Volusia	1,509 (12.02%)	1,141 (9.09%)
32738	Deltona	Volusia	1,381 (11.36%)	966 (7.95%)
32763	Orange City	Volusia	762 (12.67%)	560 (9.31%)
	Volusia		16,130 (11.82%)	10,988 (8.05%)
	Florida		647,028 (12.41%	453,650 (8.70%)

# **2016** Percent Civilian Labor Force Unemployed

Zip Code	City	County	All	Male	Female
32713	De Bary	Volusia	8.70%	8.31%	9.19%
32725	Deltona	Volusia	11.12%	12.40%	9.65%
32738	Deltona	Volusia	11.11%	13.55%	8.60%
32763	Orange City	Volusia	11.54%	15.03%	7.50%
	Volusia		10.17%	11.34%	8.89%
	Florida		10.46%	10.79%	10.10%

# Population 25+ by Educational Attainment

Zip Code	City	County	Less than 9th Grade	Some High School, No Diploma	High School Grad	Some College, No Degree
32713	De Bary	Volusia	375	1,184	4,752	4,062 (
			(2.40%)	(7.59%)	(30.47%)	26.04%)
32725	32725 Deltona	Deltona Volusia	1,453	2,891	11,568 (36.12%)	7,825
32723			(4.54%)	(9.03%)	11,500 (50:1270)	(24.43%)
22720	Daltana	Volusia	1,117	2,841	11 217 (26 070/)	7,530
32738	Deltona		(3.65%)	(9.28%)	11,317 (36.97%)	(24.60%)
22762	Onene e Citu	Maluaia	544	1,309	6,283	4,445
32763	Orange City	Volusia	(3.26%)	(7.84%)	(37.63%)	(26.62%)
	Volusia		12,586	30,492	129,521	02 500 (24 240/)
			(3.31%)	(8.02%)	(34.05%)	92,580 (24.34%)
Florida		771,559 (5.37%)	1,151,837	4,260,919	2,978,401	
	FIUITUA		(3.57%)	(8.02%)	(29.65%)	(20.73%)

Zip Code	City	County	Associate Degree	Bachelor Degree	Master's Degree	Prof. School Degree	Doctorate Degree
32713	De Bary	Volusia	1,453 (9.32%)	2,502 (16.04%)	869 (5.57%)	237 (1.52%)	163 (1.05%)
32725	Deltona	Volusia	3,000 (9.37%)	3,710 (11.58%)	1,122 (3.50%)	289 (0.90%)	169 (0.53%)
32738	Deltona	Volusia	3,121 (10.20%)	3,339 (10.91%)	1,066 (3.48%)	167 (0.55%)	115 (0.38%)
32763	Orange City	Volusia	1,485 (8.89%)	1,810 (10.84%)	636 (3.81%)	107 (0.64%)	80 (0.48%)
	Volusia		35,234 (9.26%)	51,151 (13.45%)	19,799 (5.20%)	5,876 (1.54%)	3,146 (0.83%)
	Florida		1,339,159 (9.32%)	2,489,744 (17.33%)	936,816 (6.52%)	285,226 (1.98%)	155,473 (1.08%)

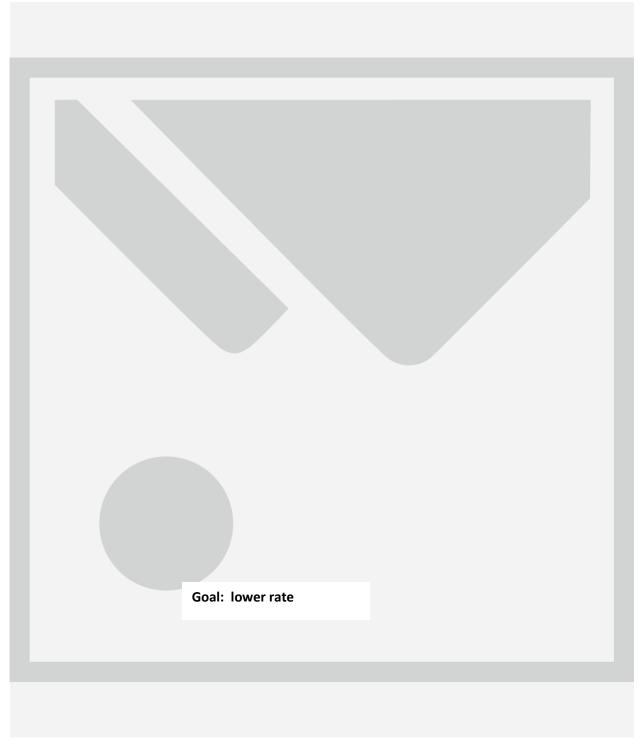
# Means of Transportation to Work

Zip Code	City	County	Worked at Home	Carpooled	Drove Alone
32713	De Bary	Volusia	Volusia 870 (10.01%) 592 (6.81%)		6,963 (80.12%)
32725	Deltona	Volusia	654 (3.58%)	1,435 (7.85%)	15,801 (86.40%)
32738	Deltona	Volusia	1,009 (4.99%)	1,835 (9.08%)	16,733 (82.82%)
32763	Orange City	Volusia	477 (5.59%)	678 (7.94%)	7,126 (83.49%)
	Volusia		11,178 (5.50%)	17,433 (8.58%)	164,378 (80.92%)
	Florida		433,945 (4.99%)	831,663 (9.56%)	6,924,328 (79.57%)

Zip Code	City	County	Walked	Bicycle	Public Transport	Other
32713	De Bary	Volusia	34 (0.39%)	17 (0.20%)	2 (0.02%)	213 (2.45%)
32725	Deltona	Volusia	47 (0.26%)	48 (0.26%)	22 (0.12%)	282 (1.54%)
32738	Deltona	Volusia	125 (0.62%)	13 (0.06%)	63 (0.31%)	426 (2.11%)
32763	Orange City	Volusia	66 (0.77%)	20 (0.23%)	0 (0.00%)	168 (1.97%)
	Volusia		2,745 (1.35%)	1,073 (0.53%)	1,282 (0.63%)	5,048 (2.49%)
	Florida		133,079 (1.53%)	59,323 (0.68%)	184,212 (2.12%)	135,277 (1.55%)

# **Health Issue Maps for Volusia County**

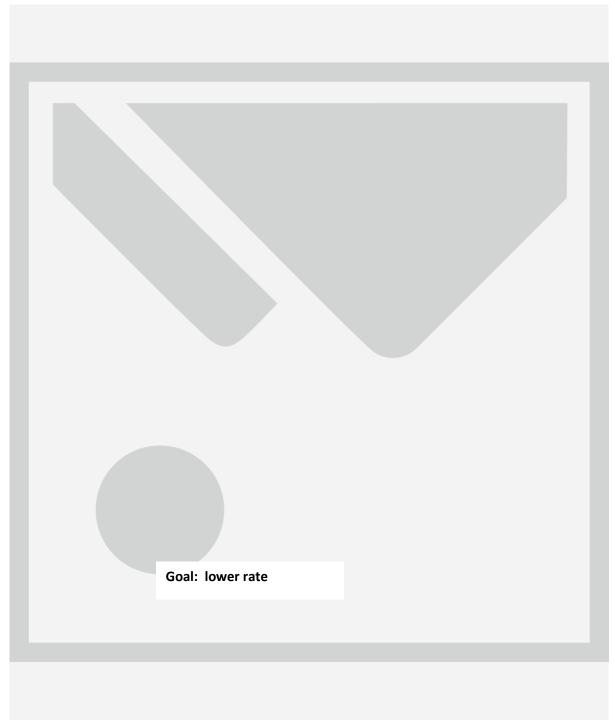
Map 1 Congestive Heart Failure Age-adjusted Hospitalization Rate 2014



Source: Agency for Health Care Administration

Note: Rate per 100,000

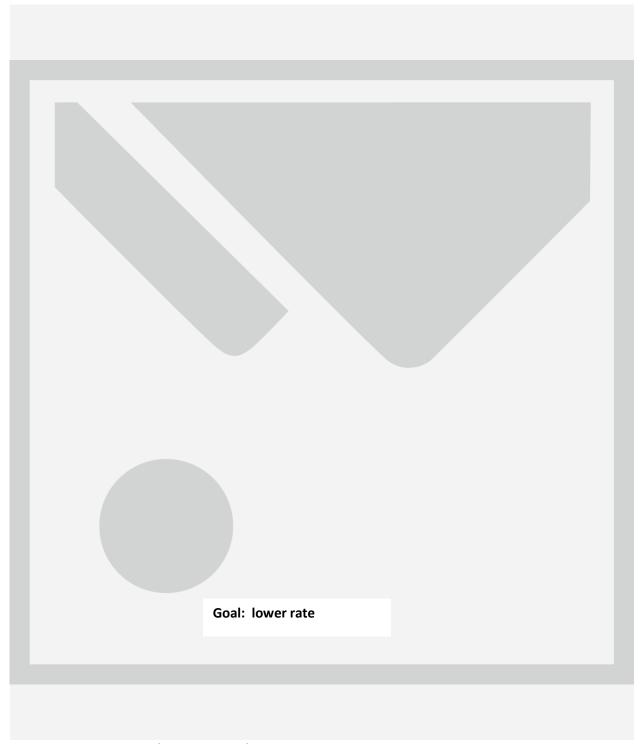
Map 2 Coronary Heart Disease Age-adjusted Hospitalization Rate 2014



Source: Agency for Health Care Administration

Note: Rate per 100,000

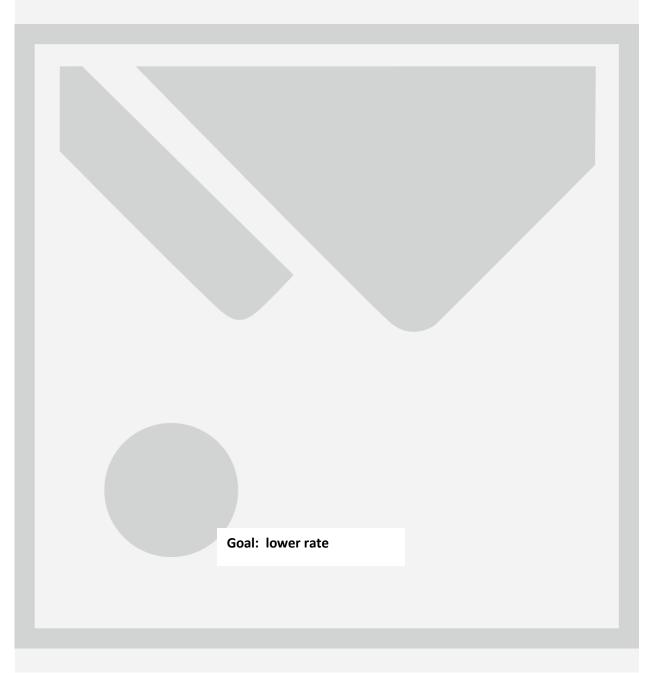
**Map 3 Coronary Heart Disease Age-adjusted Death Rate** 



Source: Florida Department of Health, Bureau of Vital Statistics

Note: Rate per 100,000

Map 4 Stroke Age-adjusted Hospitalization Rate 2014



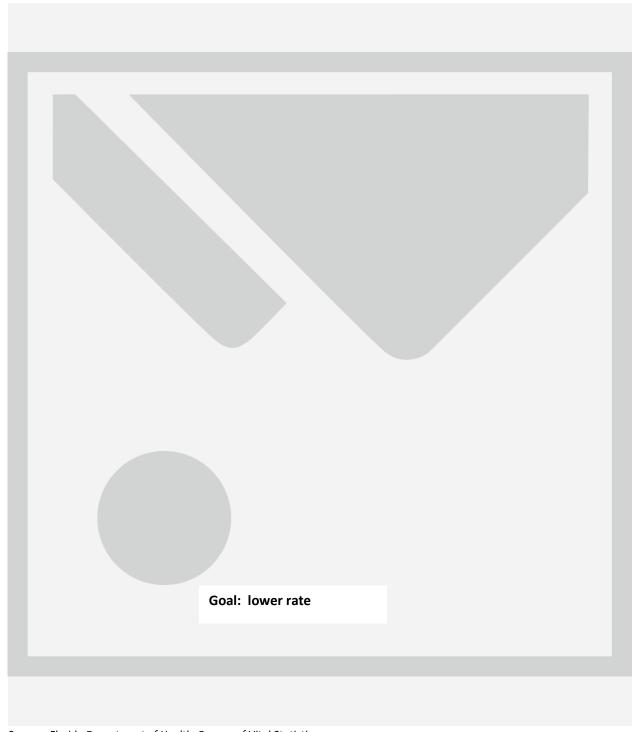
Source: Agency for Health Care Administration Note: Rate per 100,000

Map 5 Stroke Age-adjusted Death Rate



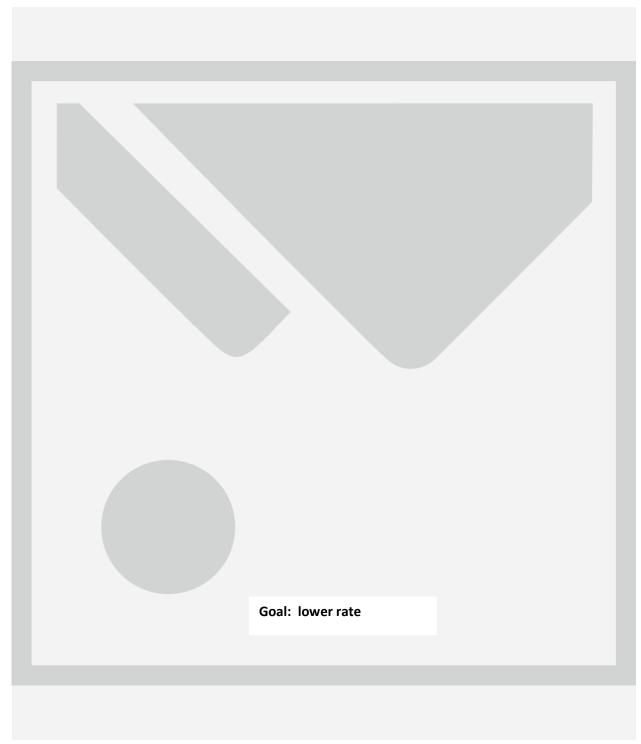
Source: Florida Department of Health, Bureau of Vital Statistics Note: Rate per 100,000

Map 6 Diabetes Age-adjusted Death Rates



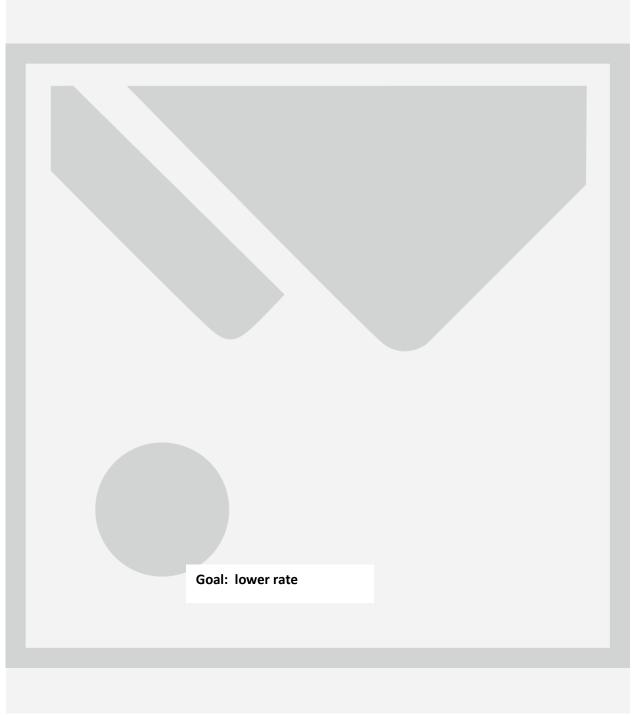
Source: Florida Department of Health, Bureau of Vital Statistics Note: Rate per 100,000

Map 7 Diabetes Age-adjusted Hospitalizations Rate 2014



Source: Agency for Health Care Administration Note: Rate per 100,000

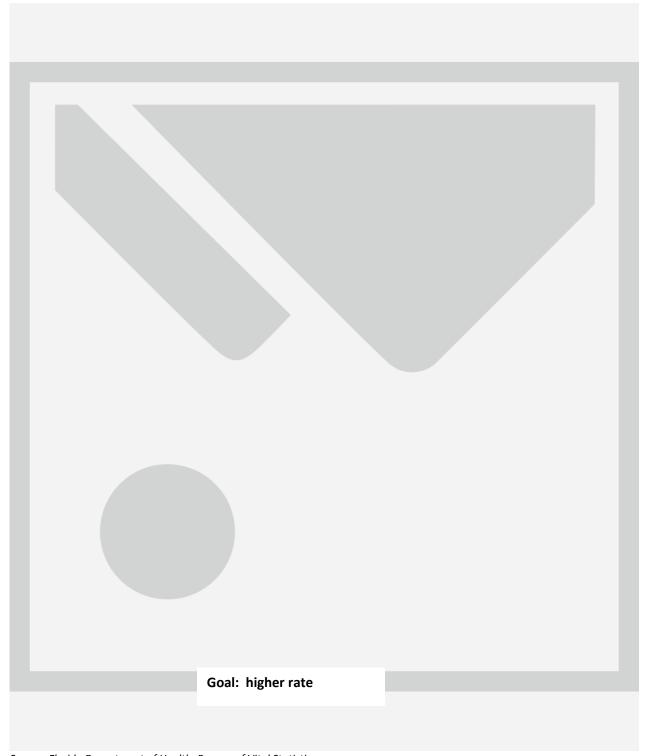
Map 8 Low Birth Weight (Live Births Under 2500 Grams) 2014



Source: Florida Department of Health, Bureau of Vital Statistics

Note: Percent of Total Births

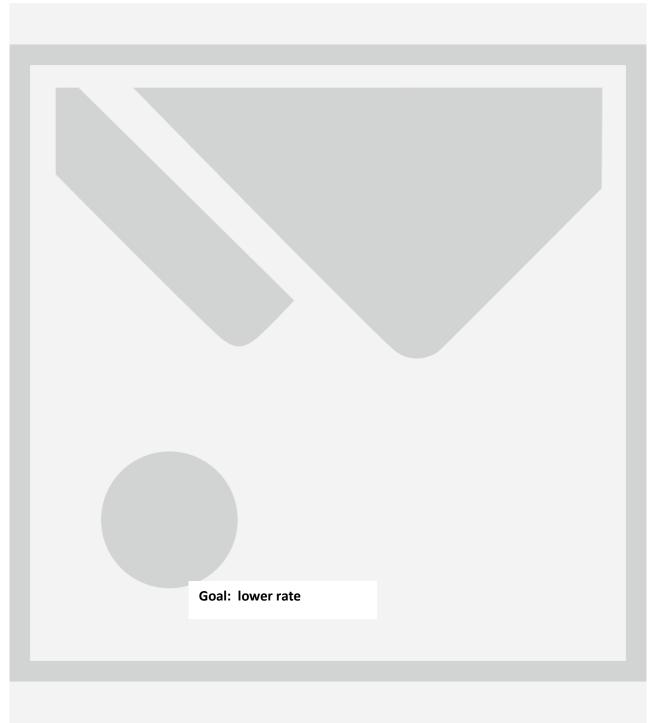
Map 9 Prenatal Care Began in First Trimester



Source: Florida Department of Health, Bureau of Vital Statistics

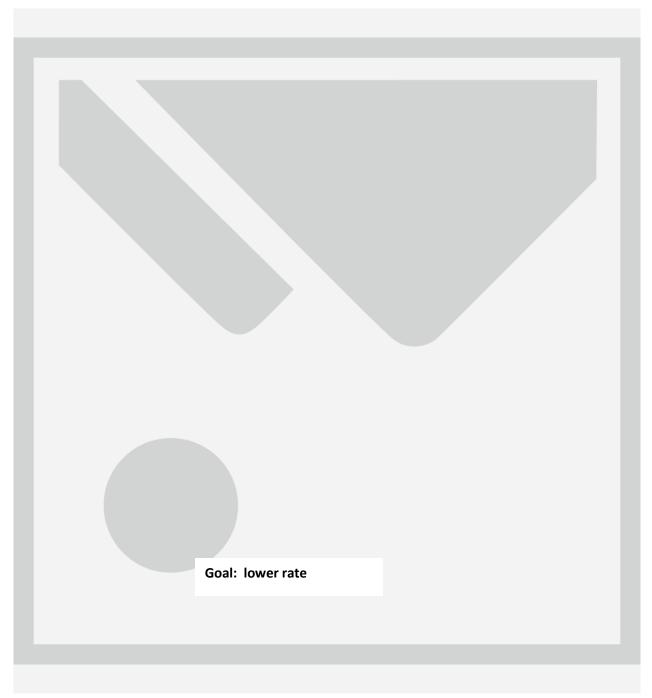
Note: Percent of Births with Known PNC Status

**Map 10 Percent of Families Below Poverty Level 2014** 



Source: US Census Bureau, American Community Survey 2014 5-Year Estimates

Map 11 Percent of Population Under Age 18 Below Poverty Level 2014



Source: US Census Bureau, American Community Survey 2014 5-Year Estimates

### 5. Community Health Needs Assessment Leadership Team

The Leadership Team of the Volusia County Community Health Needs Assessment Partnership was formed to conduct a comprehensive assessment of the community. The Leadership Team included representation from the community, public health, and low-income, minority and other underserved populations. The Team met three times during 2015-2016.

### **Volusia County CHNA Leadership Team**

#	Name/Title	Entity/Agency Represented	Expertise
1	Patricia Boswell, Administrator	Florida Department of Health – Volusia County	Public Health
2	Loreen Husband, Community Health	Florida Department of Health – Volusia County	Public Health
3	Thomas Bryant III, Office of Informatics and Assessment	Florida Department of Health – Volusia County	Public Health
4	Ron Rondeau, Interim Director	Florida Department of Health – Volusia County	Public Health
5	Dona DeMarsh Butler, Director of Community Assistance Volusia County	Florida Department of Health – Volusia County	County Government
6	Tim Cook, Former CEO – DeLand	Florida Hospital Volusia/Flagler	Hospital
7	Robert Fulbright, Regional CEO	Florida Hospital Volusia/Flagler	Hospital
8	Craig Bair, Marketing Leader - New Smyrna	Florida Hospital Volusia/Flagler	Hospital
9	Beverly Ivey, Assistant VP Integrated Marketing	Florida Hospital Volusia/Flagler	Hospital
10	Lorenzo Brown, CEO – DeLand	Florida Hospital Volusia/Flagler	Hospital
11	Deborah McNabb, Community Benefit Manager - Fish Memorial	Florida Hospital Volusia/Flagler	Hospital
12	Jeff Davidson, Finance Leader - New Smyrna	Florida Hospital Volusia/Flagler	Hospital
13	Ed Noseworthy, CEO Memorial Medical Center	Florida Hospital Volusia/Flagler	Hospital
14	Robert Deininger, CEO - Fish Memorial	Florida Hospital Volusia/Flagler	Hospital
15	Jill Piazza, VP of Care Integration	Florida Hospital Volusia/Flagler	Hospital
16	Nancy Evolga, Executive Director Human Resources - New Smyrna	Florida Hospital Volusia/Flagler	Hospital
17	Daryl Tol, Former CEO Memorial Medical Center (now President and CEO Orlando market)	Florida Hospital Volusia/Flagler	Hospital
18	Shannon Finley, Community Benefit Manager - Memorial Medical Center	Florida Hospital Volusia/Flagler	Hospital
19	Windy Weisheimer, Quality Leader - New Smyrna	Florida Hospital Volusia/Flagler	Hospital
20	Christina Fitzsimons, Community Benefit Manager – DeLand	Florida Hospital Volusia/Flagler	Hospital
21	Bill Griffin, Director, Research and Planning	Halifax Health	Hospital
22	Bob Williams, VP of Population Health and Business Development	Halifax Health	Hospital
23	Sharon Warriner, Grant Writer, Business Development	Halifax Health	Hospital
24	Julie Barrow, Executive Director	One Voice for Volusia	Assessment and Planning
25	Lynn Kennedy, Project Director	One Voice for Volusia	Assessment and Planning

#	Name/Title	Entity/Agency Represented	Expertise
26	Carrie Baird, Consultant - Baird Solutions	One Voice for Volusia	Assessment and
			Planning
27	Laurie Asbury, CEO	Family Health Source Medical Centers	FQHC
28	Dennis Burns, President-CEO	United Way of Volusia/Flagler	Local funder
29	Christine Cauffield, Vice President of	Lutheran Services Florida Health Systems	Behavioral
	Substance Abuse and Mental Health		Health
30	Laurie Chesley, CFO of Substance Abuse	Lutheran Services Florida Health Systems	Behavioral
	and Mental Health		Health
31	Ivan Cosimi, CEO	Stewart-Marchman-Act Behavioral Healthcare	Behavioral
			Health
32	Rhonda Harvey, COO	Stewart-Marchman-Act Behavioral Healthcare	Behavioral
	•	Stewart Marchinan Act Benavioral Treatment	Health
33	Debbie Fisher, Coordinator of Health	Volusia County Schools	School Health
	Services	Volusia County Schools	
34	William Gilmer, Jesus Clinic	Jesus Clinic	Free Clinic
	Founder/Physician	73333 G	
35	Laura Gunn, Associate Professor and Chair	Stetson University	Higher
	of Integrative Health Science	·	Education
36	Sarah Gurtis, CEO	Council on Aging	Senior Services
37	Bev Johnson, Executive Vice President of	Volusia-Flagler Family YMCA	Health/Wellness
	Health Strategy	-	
38	Robin King, President/CEO	CareerSource Flagler/Volusia	Employment
39	D.J. Lebo, Executive Director	Early Learning of Flagler/Volusia	Early Learning
40	Rosha Loach, One Voice for Volusia MPH	Healthy Start Coalition of Flagler and Volusia	Maternal and
	Intern		Child Health
41	Dixie Morgese, Executive Director of	Healthy Start Coalition of Flagler and Volusia	Maternal and
	Healthy Start		Child Health
42	Kevin Murphy, Operations Consultant	Florida Department of Health – Volusia	Public Health
43	Ray Salazar, President	United Way of Volusia/Flagler	Local funder
44	Lynn Sinnott, President	Easter Seals	Disabilities
45	Deanna Wathington, Executive	Bethune-Cookman University	Higher
	Dean/Professor, College of Health Sciences	Bethane Cookinan Oniversity	Education

#### 6. Public Health

The Florida Department of Health-Volusia was one of the 7 key partners in the 2015-16 Volusia County CHNA Partnership. They were represented by:

- Patricia Boswell, Administrator
- Loreen Husband, Community Health
- Thomas Bryant III, Office of Informatics and Assessment
- Ron Rondeau, Interim Director
- Dona DeMarsh Butler, Director of Community Assistance Volusia County

**Patricia Boswell** has served as the assistant county health department director in Pinellas County and prior to that she was director of clinical services and community health promotion in Pinellas County for 10 years.

A fifteen-year veteran of the Department, Patricia began her career with Florida Health in 2001 as the program manager for the Breast and Cervical Cancer Screening Program in Pinellas County. In 2004, she

became director of the Office of Chronic Disease Prevention for the Florida Department of Health in Pinellas County. Prior to her arrival at the Department, Patricia was the Executive Director for Sullivan County Victim Services in Pennsylvania from 1995 to 2000, Assistant Director of Capital Planning for Hershey Medical Center in Pennsylvania from 1993 to 1995, and a Legislative Analyst for the Suffolk County Office of Legislative Budget in New York from 1986 to 1993. Patricia started her career in public health more than 31 years ago at the Suffolk County Health Department.

Patricia holds a Master of Science in Urban and Policy Sciences from the State University of New York at Stony Brook and a Master of Public Health from the University of South Florida. She is also a graduate of the National Public Health Leadership Institute and the Public Health Leadership Institute of Florida.

**Thomas Bryant III** is the director of the Office of Informatics and Assessment (OIA). He came to Volusia County in 2013 with the charge to inform the Volusia County community of their health status, provide health data to facilitate healthy lifestyle choices and utilize data to assist health department programs to improve upon their processes and services.

Mr. Bryant started his public health career in 2001 at the Duval County Health Department where he cofounded the Institute for Public Health Informatics and Research. In 2008, the Institute received the National Maternal and Child Health Effective Practice Award for their community health status reports.

Mr. Bryant has directed research and evaluation programs at the Volusia and Duval County Health Departments, Northeast Florida Regional Planning Council, NYC Department of Probation and NYC Commission on Human Rights. He has taught graduate and undergraduate courses at Columbia University, New York University and Tusculum College. Mr. Bryant has extensive training and experience in qualitative and quantitative analyses. He is trained in Perinatal Periods of Risk analyses and MCH Epidemiology. He is proficient in statistical, database and GIS mapping software.

Mr. Bryant has co-authored manuscripts published in the Journal of Public Health Management & Practice, Maternal and Child Health, Medical Care, Pediatrics, Clinical Pediatrics and Public Health Reports. He has presented at national and state conferences including the American Public Health Association, Centers for Disease Control and Prevention, Society for Applied Anthropology, Florida Statewide Epidemiology Seminar, Florida Public Health Association and the Florida Medicaid Policy and Research Conference. Mr. Bryant received his Master's in Social Work from Florida State University. He continued his education in social research in the doctoral program at the Columbia University School of Social Work.

#### 7. Primary & Secondary Data Sources

#### **Primary Data**

- a. Volusia County CHNA Leadership Team engagement
- b. Community Health Survey. The 2015-2016 Community Health Survey in Volusia and Flagler Counties relied primarily on an Internet-based survey--which was collected using Survey Monkey-to reach as many respondents as. The online survey was available in English and Spanish via www.communityhealthsurvey.com. There were 2,150 Internet surveys collected. Paper surveys, also available in Spanish and English, were utilized to reach individuals without convenient access to the Internet and were manually entered. 530 paper surveys were manually entered. See Appendix A. for the Community Health Survey Results for Volusia County and Florida Hospital Fish Memorial's PSA.
- c. Hospital Utilization Data (Top 10 Inpatient and Emergency Department diagnoses by payer)

#### Secondary Data

A comprehensive CHNA document was prepared for the Volusia County CHNA Leadership Team that included secondary data from the following sources.

#### A.L.I.C.E. Report United Way of Volusia-Flagler Counties

http://www.unitedway-vfc.org

#### **Centers for Disease Control (CDC)**

http://www.cdc.gov/

#### Florida Agency for Health Care Administration

www.ahca.myflorida.com

#### Florida Department of Children and Families

www.myflfamilies.com, www.centerforchildwelfare.org/Datareports/TrendReports.shtml

Florida Safe Families Network Data Mart/Data Registry

Florida Youth Substance Abuse Survey

http://myflfamilies.com/service-programs/substance-abuse/fysas

#### Florida Department of Education

#### www.fldoe.org

**Education Information and Accountability Services** 

Office of Early Learning

Office of Safe Schools

#### Florida Department of Health

#### www.doh.state.fl.us, www.floridacharts.com

Bureau of Epidemiology

Bureau of HIV/AIDS

Bureau of Immunization

Bureau of STD Prevention and Control

Bureau of TB & Refugee Health

**Bureau of Vital Statistics** 

Florida Behavioral Risk Factor Surveillance System

Florida Department of Health Physician Workforce Surveys

Florida Youth Tobacco Survey

Office of Injury Prevention

**WIC and Nutritional Services** 

#### Florida Department of Highway Safety and Motor Vehicles

www.flhsmv.gov

#### Florida Department of Juvenile Justice

www.djj.state.fl.us

#### Florida Department of Law Enforcement

www.fdle.state.fl.us

# Florida Department of Transportation, Florida Commission for the Transportation Disadvantaged www.dot.state.fl.us/ctd

#### Florida Office of Insurance Regulation

www.floir.com

#### Florida Research and Economic Information Database Application

http://freida.labormarketinfo.com

#### Florida Youth Substance Abuse Survey

http://www.myflfamilies.com/service-programs/substance-abuse/fysas/2014

#### **Healthy Kids**

http://www.healthykids.org

#### **Healthy People 2020**

http://www.healthypeople.gov

#### **Poverty in America**

www.livingwage.mit.edu

#### Merlin, Florida's Web-Based Reportable Disease Surveillance System

#### National Association of County & City Health Officials (NACCHO)

http://www.naccho.org/

#### **Northeast Florida Counts**

www.nefloridacounts.org

Demographic Data, Claritas

#### Schedule H (Form 990), Hospitals IRS

http://www.irs.gov/uac/About-Schedule-H-Form-990. 19

#### **Social Determinants of Health**

www.cdc.gov/socialdeterminants/Definitions.html

#### **U.S. Census Bureau**

### http://www.census.gov\_and https://www.census.gov/census2000/raceqandas.html

American Community Survey

American Community Survey 1-year estimates

American Community Survey 5-year estimates

### U.S. Department of Labor, Bureau of Labor Statistics

http://www.bls.gov

#### **U.S. Department of Health and Human Services**

http://www.hhs.gov

### U. S. Department of Health and Human Services Health Resources and Services Administration

(HRSA) <a href="http://www.hrsa.gov/shortage/index.html">http://www.hrsa.gov/shortage/index.html</a>

#### University of South Florida, Florida Mental Health Institute

http://bakeract.fmhi.usf.edu/

#### **U. S. Preventive Services Task Force (USPSTF)**

http://www.uspreventiveservicestaskforce.org/index.html.

#### World Health Organization (WHO)

http://www.who.int/healthsystems/hss\_glossary/en/index5.html

http://wwwtopics/chronic diseases/en/

http://www.who.int topics/public\_health\_surveillance

#### 8. Community Collaboration

In 2015-16, to reflect best practices and maximize community impact, leaders from Florida Hospital Deland, Florida Hospital Fish Memorial, Florida Hospital Memorial Medical Center, Bert Fish Medical Center (now Florida Hospital New Smyrna), Florida Department of Health-Volusia, Halifax Health and One Voice for Volusia convened in a collaborative process to develop a shared Community Health Needs Assessment & Community Health Improvement Plan (CHIP) for Volusia. Florida Hospital Fish Memorial was part of that process, and may target specific needs based on the hospital's service area and capacity.

These pillar organizations unanimously agreed to work together for the greater good and formed the **Volusia County Community Health Needs Assessment (CHNA) Partnership** by committing their time, talent and resources to support the CHNA process that was facilitated by One Voice for Volusia.

The **Volusia County CHNA Partnership** entities held a common vision to improve the population health and wellbeing in Volusia County. They committed to a 9-month long process of convening to review and examine county-level and sub-county-level secondary data along with supporting the collection and review of primary data in order to establish high-level and priority health issues. They agreed to invest in the creation of this shared community health needs assessment document that contains the examined and prioritized health issues along with the data indicators and identified community assets. This shared document will then serve as a common resource for both the investing partner organizations and the many community stakeholders that will support the creation of community health improvement plans based on these findings.

**Volusia County CHNA/CHIP Partnership** 

Florida Hospital Memorial Medical Center	Project Funder
Florida Hospital DeLand	Project Funder
Florida Hospital Fish Memorial	Project Funder
Bert Fish Medical Center (now Florida Hospital New Smyrna)	Project Funder
Florida Department of Health-Volusia	In-kind Resources Committed
One Voice for Volusia	In-kind Resources Committed
Halifax Health	Project Funder

See also the Leadership Team (CHNAC) roster in section 5.

#### 9. Asset Inventory

An inventory of community assets (and gaps) was developed through a two-step process.

- 1. A web-based survey was conducted to inventory existing assets and gaps. The survey was promoted among Volusia stakeholders through the Volusia County CHNA Leadership Team, the One Voice for Volusia network and through the Community Connector (an e-communication system in Volusia/Flagler with over 2,700 subscribers).
- 2. A Community Meeting was hosted by the One Voice for Volusia Coalition on April 13, 2016. The meeting was again promoted to the One Voice for Volusia network. The meeting was attended by 120 individuals representing many different community organizations. The meeting agenda included an opportunity for participants to provide input on current assets and suggested strategies to address the initial priorities through facilitated large and small group discussions.

Appendix B includes the full Asset Inventory.

### 10. Data Summary & Priority Selection

The Volusia CHNA Leadership Team met on March 15, 2016, to discuss twelve health issues detailed in a 140-page document sent to each member prior to the meeting. The document included a summary of the Forces of Change exercise, Local Public Health System Assessment, 2015-2016 Community Health Survey and the latest indicator data related to each health issue. Members were asked to consider each health issue through the lens of three prioritization criteria:

- 1. Impact: How much does the issue affect other issues? What is the cost of NOT addressing it?
- 2. **Trend & Magnitude of Difference:** Has the trend improved or worsened in the last five years? How much worse is the problem in Volusia compared to Florida?
- 3. **Feasibility:** Are there successful strategies to address this problem? Is there a positive cost-benefit to addressing the problem?

Utilizing a multi-voting technique, the original 12 health issues were reduced to 5 initial priority health issues listed below. In addition to the five selected issues, the Leadership Team discussed the impact of poverty on all health and wellness issues and the importance of developing strategies that either address poverty directly or appropriately addresses the health disparities created by poverty.

The validation process included a Community Input Survey and a Community Meeting hosted by One Voice for Volusia. 120 individuals participated in the community meeting. There was 80% or higher agreement with the Initial Priority Health Issues among the survey respondents and 100% agreement at the Community Meeting.

#### 11. Key Issues to be Addressed

The Volusia CHNA Partners reconvened on June 24, 2016 for a final review of the five initial health priorities. The group consensus was to keep all five health priorities as focus areas for the Community Health Improvement Plan.

- 1. Adult Behavioral Health
- 2. Youth Mental Health and Behavioral Health
- 3. Chronic Disease: Cardiovascular and Diabetes
- 4. Barriers to Accessing Health Care Services
- 5. Health Eating and Physical Activity

#### 12. Issues that will Not Be Addressed

Florida Hospital Fish Memorial will include strategies that address a component of each of the five priority issues in their Community Health Plan and will work in partnership with many other organizations that are leading strategies included in the countywide Community Health Plan.

### 13. Next Steps

Florida Hospital Fish Memorial will continue work on the development of their internal Community Health Plan and on the countywide Community Health Improvement Plan in collaboration with the original Partners and other community organizations.

#### 14. Written Comments

No comments were received from the public regarding the 2013 Needs Assessment or Community Health Plan.

#### 15. Evaluation of the Strategies Undertaken in the 2013 Community Health Plan

The Hospital conducts an annual Evaluation of the progress made on its Community Health Plan (Implementation Strategies). The Evaluation is reported to the IRS in the hospital's Form 990. The following narrative is a copy of the 2015 Community Health Plan Evaluation as noted in Form 990, Schedule H, Part V, Section B, Line 11.

Florida Hospital Fish Memorial is located in Orange City, Florida, a community of 11,000 people. Residents of the community are older than the rest of Florida; the average age is 48.3 years (vs. 41.5 for the rest of the state). Because of the large number of retirees - many in mobile home communities - the average household income is \$27,988 (vs. \$46,036 for the rest of the state).

The 2013 Community Health Needs Assessment identified heart disease/diabetes, wellness and lifestyle, and tobacco use as the top community health needs. The hospital's Community Health Needs Assessment

Committee also cited a need to update the County's 2-1-1 community resource center to include health and wellness programs.

#### **Priority: CARDIOVASCULAR DISEASE & DIABETES**

2013 Description of the Issue: The Florida Hospital Fish Memorial Community Health Needs Assessment Committee selected cardiovascular disease as a priority for the hospital and its community. The age-adjusted death rate per 100,000 for heart failure in Volusia County is more than double the rate of the state of Florida. Heart disease and stroke were also identified as leading concerns; again, the county rate is higher than state levels. Chest pain is one of the top 10 presenting symptoms in the Emergency Department. Finally, cardiovascular disease was chosen due to the existing programs and resources in place - and the potential for expansion. Discussion around cardiac disease included a "Care Team Approach" to coordinate services to eliminate systemic gaps and access issues. Ways to share information and refer patients to appropriate resources - perhaps through a provider website - will be explored.

The diabetes rate in Volusia County is just lightly above the state average, but the percentage of adults with diabetes who had two A1C (blood sugar) tests in the past year is 72.2 vs. 75.6 for the rest of the state.

<u>2015 Update</u>: Both heart disease and diabetes are linked to lifestyle and wellness efforts. Florida Hospital Fish Memorial partnered with the four other Florida Hospital campuses in Volusia and Flagler Counties on the Change Your Life wellness program. The Change Your Life program reached 3,100 hospital community members and employees through events, physical challenges, education, online reporting and prizes. Change Your Life centers on the eight core principles of CREATION Health (choice, rest, environment, activity, trust, interpersonal relationships, outlook and nutrition. Pre- and post-testing showed that 94.9% of program participants increased their understanding of the importance of these principles to their health and well-being.

In addition to regular cholesterol testing, the hospital provided 60 cholesterol tests for low-income residents; people with high cholesterol were referred to the local Federally Qualified Health Center, which sees uninsured patients on a sliding fee basis. Educational programming and outreach around heart disease and diabetes is noted in the Promote Health and Wellness section below.

#### **Priority: PROMOTE HEALTH AND WELLNESS**

<u>2013 Description of the Issue</u>: The Florida Hospital Fish Memorial Community Health Needs Assessment Committee selected Promotion of Health and Wellness as a priority, noting that preventing disease before it starts is critical to helping people live longer. The Committee cited the need to provide wellness programs and update the County's 2-1-1 system to include health and wellness resources.

<u>2015 Update</u>: In all, Florida Hospital Fish Memorial offered 26 health and wellness programs that drew 3,998 participants (the goal was 12 programs with 577 participants). Ongoing community lectures and education programs included Healthy Cooking, Diabetes Education, Laughter Yoga, Epilepsy, Go Red for Women, HeartCaring and a Farmers Market. Monthly support groups include Celiac Disease, Diabetes, Cancers and Overeaters Anonymous.

At the time of the 2013 Assessment, the County's 2-1-1 community resource line was sorely out-of-date. The hospital worked with community partners to update the 2-1-1 service. The 2015 goals and achievements were threefold: 1) increase the number of health and wellness resources listed in the county's 2-1-1 database from 0 (actual was 139); 2) increase referrals by staff to health and wellness resources (actual was 1,152); and 3) increase the number of web referrals for health and wellness resources from 0 (actual was 2,360).

#### **Priority: TOBACCO USE**

<u>2013 Description of the Issue</u>: Tobacco use affects all ages, starting at middle school age. Our Needs Assessment showed a higher percentage of adult smokers in Volusia County than the state of Florida (23% versus 17%). Respiratory issues (including bronchitis) are one of the top 10 presenting conditions in the Emergency Department at Florida Hospital Fish Memorial.

<u>2015 Update</u>: Florida Hospital Fish Memorial provides smoking cessation classes (with scholarships for low-income participants). The hospital is working with partners, such as Family Health Source (i.e. federally qualified health center), the Volusia County Health Department and area employers to incorporate tobacco cessation efforts into the work place. The hospital is also working with community partners on Youth Substance Abuse Prevention efforts

#### **Priorities Considered but Not Chosen**

<u>Access to Care</u>: Florida Hospital Fish Memorial did not choose access to care as a top priority, but recognizes that the community's lower-than-state-average incomes means that access to affordable health care is important to this community. Florida Hospital Fish Memorial provides financial support to the Good Samaritan Health Clinic in nearby DeLand; the Clinic provides primary medical and dental care to the underserved population.

The hospital was instrumental in bringing the Community Medical Center of West Volusia to Orange City. The hospital works with the Center - a federally qualified rural health center - to serve many minority, low-income and disabled people. The hospital works with the West Volusia Hospital Authority (taxing district) to advocate for funding for the Center and other safety net programs.

Other existing interventions include free screening mammograms, diagnostic mammograms, breast ultrasounds, breast MRIs and image-guided biopsies for uninsured women. Hospital social workers and a cancer navigator who work with uninsured cancer patients to connect them with resources and supportive information. The hospitals partners with the Volusia County Health Department to provide care management and coordination for underserved/uninsured patients who present in the Emergency Department

<u>Cancer</u>: Cancer was not selected as a priority because Florida Hospital Fish Memorial already addresses this through our Cancer program. The Fish Memorial campus has focused its effort on breast, skin, GI and lung cancers. We will be identifying potential community partners when addressing future prevention and screening/early treatment options.

#### Existing interventions include:

"Change Your Life" wellness program for 3,100 hospital employees and community members (including scholarships for low-income people) centered on the eight core principles of CREATION Health (choice, rest, environment, activity, trust, interpersonal relationships, outlook and nutrition): events, physical challenges, education, online reporting and prizes.

Provide community lectures, screenings and support groups

- Breast Cancer
- Cancer
- Men's Cancer
- Breast Cancer
- Leukemia/Lymphoma/Myeloma
- Look Good, Feel Better (for women with cancer)

<u>Behavioral Health</u>: Florida Hospital Fish Memorial does not provide behavioral health services. While behavioral health was not selected as a priority, tobacco use and substance abuse issues are being addressed through educational programs targeting underserved youth in the community.

#### **Appendix A: Community Health Survey 2015-2016**

#### Methodology

The 2015-2016 Community Health Survey in Volusia and Flagler Counties relied primarily on an Internet based survey (utilizing Survey Monkey) to reach as many respondents as possible within the limits of the project budget. The online survey was available in English and Spanish via www.communityhealthsurvey.com. There were 2,150 Internet surveys collected. Paper surveys, also available in Spanish and English, were utilized to reach individuals without convenient access to the Internet and were manually entered. 530 paper surveys were manually entered.

The online and paper surveys were promoted and distributed through email communication, postings on various websites, and paper surveys made available at partner's places of business. Partners included:

- The nonprofit, governmental and business partners involved in the Community Health Needs Assessment process
- The members and partner organizations of One Voice for Volusia
- The Community Connector, an e-blast system with over 2,900 subscribers.

The 21-questions survey, based on an instrument used nationally, included questions regarding perceived quality of life and health of the community, health concerns, barriers to health care, use of health care, health care needs and demographic information.

A total of 2,680 individuals completed the Volusia/Flagler Community Health Survey (online or via paper surveys). Five individuals completed the survey online in Spanish (no Spanish paper surveys were completed). The survey respondents were asked "Where is your permanent residence?"

- 2,003 reported that they lived in Volusia county
- 584 reported that they lived in Flagler county
- 81 reported that they lived in another Florida county
- 12 reported that they lived outside of Florida
- 1,447 individuals reported that they lived in the MMC/Oceanside PSA (by zip codes)

#### Limitations

#### **Convenience Sampling**

A convenience sampling methodology was used for the 2015-2016 Community Health Survey. The convenience sampling process is a non-probability sampling technique that relies on the collection of data from populations within easy reach of the researcher. In this case, community agencies were asked to promote the survey with their customers, staff and other stakeholders. This method was selected for ease and budget restrictions. Convenience sampling is much different from a random sampling methodology where the survey population is randomly sampled to gain responses from every population subset.

#### **Limitations and Cautions with Convenience Sampling**

Convenience sampling can lead to the under-representation or over-representation of particular groups within the sample. This was the case with the 2015-2016 Community Health Survey for several subsets of the Volusia County population including males and individuals age 18-24. It is important to understand that convenience samples do not produce representative results because of the inherent biases. The results presented here cannot be considered representative of the entire population.

#### **Limitations of Internet Surveys**

Although paper surveys were made available, the survey process relied primarily on the Internet survey. Households without access to the Internet and Internet survey results tend to underrepresent lower-income, less educated and minority households.

#### **Community Health Survey Respondent Demographics**

Gender	<b>Volusia</b> (n=2,003)			<b>SA</b> 322)
	number	percent	number	percent
Male	363	18.12	50	15.53
Female	1,544	77.08	257	79.81
No Response	96	4.79	15	4.66
Total	2,003	100.00	322	100.00

Race Identification	<b>Volusia</b> (n=2,003)		<b>PSA</b> (n=322)	
	number	percent	number	percent
Black/African American	192	9.59	28	8.70
White/Caucasian	1,612	80.48	239	74.22
Asian/Pacific Islander	19	0.95	2	0.62
Other	98	4.98	35	10.87
No response	82	4.09	18	5.59
Total	2,003	100.00	322	100.00
Question: Race: Which group do you most identify with? (Check ONE selection)				

Ethnic Identification	<b>Volusia</b> (n=2,003)		<b>PSA</b> (n=322)	
	number	percent	number	percent
Not Hispanic/Latino	1,255	62.66	169	52.48
Mexican	18	0.90	1	0.31
Puerto Rican	92	4.59	57	17.7
Cuban	4	0.20	1	0.31
South American	16	0.80	4	1.24
Central American	66	3.30	12	3.73
Other	245	12.23	37	11.49
No response	307	15.33	41	12.73
Hispanic Subtotal	196	9.79	75	23.29
Total	2,003	100.00	322	100.00
Question: Ethnicity: Which	h group do you most	identify with? (Check	ONE selection)	•

Age	<b>Volusia</b> (n=2,003)		<b>PSA</b> (n=322)	
	number	percent	number	percent
Less than 18	14	0.70	1	0.31
18-24	58	2.90	4	1.24
25-35	177	8.84	27	8.39
35-44	293	14.63	45	13.98
45-54	443	22.12	65	20.19
55-64	522	26.06	79	24.53
65+	422	21.07	84	26.09
No response	74	3.69	17	5.28
Total	2,003	100.00	322	100.00

Marital Status	<b>Volusia</b> (n=2,003)			<b>SA</b> 322)
	number	percent	number	percent
Single	409	20.42	58	18.01
Married	1,026	51.22	168	52.17
Divorced	320	15.98	45	13.98
Widowed	191	9.54	42	13.04
No response	57	2.85	9	2.80
Total	2,003	100.00	322	100.00

Education	<b>Volusia</b> (n=2,003)		<b>PSA</b> (n=322)	
	number	percent	number	percent
Elementary/Middle School	38	1.90	12	3.73
High school diploma or GED	265	13.23	53	16.46
Technical/Community College	362	18.07	70	21.74
4-year College/Bachelor's degree	500	24.96	70	21.74
Graduate/Advanced degree	382	19.07	54	16.77
Some college	389	19.42	52	16.15
No Response	67	3.34	11	3.42
Total	2,003	100.00	322	100.00
Question: Education: Please check the highest level completed: (Check <u>ONE</u> selection)				

Employment Status	<b>Volusia</b> (n=2,003)		<b>PSA</b> (n=322)	
	number	percent	number	percent
Employed full-time	1,221	60.96	171	53.11
Employed part-time	160	7.99	15	4.66
Unemployed	42	2.10	10	3.11
Self-Employed	50	2.50	6	1.86
Not seeking work	8	0.40	0	0.00
Retired	354	17.67	89	27.64
Home maker	44	2.20	10	3.11
Student	25	1.25	3	0.93
Other	56	2.80	12	3.73
No Response	43	2.15	6	1.86
Total	2,003	100.00	322	100.00

Household Income	<b>Volusia</b> (n=2,003)		<b>PSA</b> (n=322)	
	number	percent	number	percent
Less than \$10,000	166	8.29	35	10.87
\$10,000 to \$19,999	250	12.48	44	13.66
\$20,000 to \$29,999	254	12.68	38	11.80
\$30,000 to \$49,999	354	17.67	62	19.25
\$50,000 to \$74,999	372	18.57	51	15.84
\$75,000 to \$99,999	215	10.73	39	12.11
\$100,000 or more	270	13.48	32	9.94
No Response	122	6.09	21	6.52
Total	2,003	100.00	322	100.00

#### **Overall Health**

Survey Question: How do you rate your overall health?

	PSA	Volusia County
Excellent	13.98%	19.07%
Good	59.94%	56.81%
Fair	19.88%	17.57%
Poor	5.28%	4.29%
Don't Know	0.31%	0.80%
No Response	0.62%	1.45%

#### Things that Allow YOU to be Healthy Where You Live

Survey Question: Check up to 5 things that allow YOU to be healthy where you live

Response	PSA	Volusia County
Access to health care	66.15%	63.65%
Clean and healthy environment	46.89%	46.33%
Access to places where I can be active	43.17%	50.62%
Access to churches or other places of worship	42.24%	37.44%
Access to healthy foods	36.02%	38.14%
Preventive health care	33.54%	29.36%
Areas where it is easy and safe to walk	33.54%	38.04%
Low crime rates/safe neighborhoods	27.33%	32.70%
Good place to grow old	23.29%	25.26%
Affordable and/or available housing options	20.81%	14.88%
Good place to raise kids	18.32%	20.67%
Good education	17.39%	18.52%
Presence of advanced medical technology	13.98%	15.03%
Good jobs, healthy economy	13.35%	17.87%
Access to social and mental health services	13.04%	10.23%
Access to public transportation	11.18%	9.99%
Absence of discrimination	8.07%	6.59%
Schools focused on children's health	5.28%	4.59%
Affordable child care	4.66%	3.74%

#### **Health Issues YOU are Most Concerned About**

Survey Question: Check up to 5 health issues YOU are most concerned about in your county:

Response	PSA	Volusia County
Addiction – alcohol or drug	33.23%	41.44%
Unemployment	32.61%	31.15%
Homelessness	28.26%	43.14%
Mental health problems	27.33%	36.00%
Adult obesity	27.02%	25.01%
Cancers	24.84%	22.57%
Violence (rape, assault, crime, etc.)	22.36%	21.67%
High blood pressure	19.57%	17.52%
Diabetes	19.57%	16.87%
Smoking/tobacco use	19.25%	16.97%
Heart disease & stroke	17.39%	16.97%
Domestic violence	15.22%	17.12%
Access to healthy food/grocery stores	15.22%	12.43%
End of life care	14.91%	14.53%
Environmental health, sewers, septic tanks	14.91%	10.98%
Dental problems	14.91%	13.08%
Child abuse/neglect	14.29%	22.57%
Childhood obesity	14.29%	15.63%
Motor vehicle crash injuries	13.98%	10.83%
Asthma	13.35%	8.04%
Cholesterol	11.18%	9.64%
Respiratory/lung disease	10.87%	8.24%
Firearms in homes	10.56%	9.59%
Teenage pregnancy	9.63%	7.84%
Sexually transmitted diseases	8.39%	8.14%
Lack of family/religious support systems	7.45%	6.74%
HIV/AIDS	5.28%	5.54%
Seatbelt use	4.04%	3.74%
Infant mortality/infant death	2.17%	2.40%

#### **How Safe Do You Feel?**

Survey Question: How safe do you feel where you live?

	PSA	Volusia County
Very safe	36.96%	45.68%
Somewhat safe	46.89%	41.29%
Neither safe nor unsafe	8.70%	6.24%
Somewhat unsafe	4.35%	3.20%
Very unsafe	0.93%	1.00%
No Response	2.17%	2.60%

#### **Unhealthy Behaviors YOU are Most Concerned About**

Survey Question: Check up to 5 unhealthy behaviors YOU are most concerned about in your county

Response	PSA	Volusia County	
Drug abuse	56.21%	56.32%	
Mental health problems/stress	46.89%	47.13%	
Alcohol abuse	40.68%	45.03%	
Being overweight/obese	34.47%	37.39%	
Poor nutrition/ Poor eating habits	32.92%	36.15%	
Overuse of emergency rooms	31.37%	31.65%	
Unlicensed and/or unsafe drivers	29.81%	29.56%	
Lack of exercise	26.71%	32.80%	
Dropping out of school	24.22%	21.92%	
Tobacco use	24.22%	22.87%	
Poor dental/oral health	20.50%	18.02%	
Teen sexual activity	18.32%	18.12%	
Not getting "shots" to prevent disease	17.39%	16.08%	
Discrimination	13.66%	12.83%	
Not using birth control	11.49%	12.38%	
Unsafe sex	10.56%	11.23%	

#### **Health Services that are Difficult to Obtain**

Survey Question: What health care services are difficult to obtain in your community? (Check ALL that apply)

Response	PSA	Volusia County	
Mental health/counseling	34.16%	38.64%	
Alternative therapy	31.06%	25.31%	
Substance abuse services-drug & alcohol	28.88%	30.40%	
Dental/oral care	27.64%	24.26%	
Specialty doctor care (i.e. heart doctor)	22.05%	19.32%	
Vision/eye care	18.01%	12.83%	
Primary care (i.e. family doctor or walk-in clinic)	14.91%	17.37%	
Prescriptions/medications/medical supplies	13.04%	17.12%	
Emergency room care	11.18%	7.79%	
Preventive care (i.e. annual checkups)	10.87%	13.33%	
Prenatal care	10.25%	7.64%	
Family planning/birth control	9.32%	9.79%	
Physical therapy/rehab therapy	9.01%	8.64%	
Lab work	7.14%	5.94%	
X-rays/mammograms	5.90%	6.29%	
Inpatient hospital	5.59%	4.39%	

#### **Quality of Health Services**

Survey Question: How do you rate the quality of health services in your county?

	PSA	Volusia County	
Excellent	6.52%	9.84%	
Good	46.27%	48.58%	
Fair	35.71%	30.60%	
Poor 8.07% 6.		6.79%	
Don't Know	1.55%	2.15%	
No Response	1.86%	2.05%	

#### **Barriers for YOU to Get or Stay Healthy**

Survey Question: What do you feel are barriers for YOU getting or staying healthy in your county? (Check ALL that apply):

Response	PSA	Volusia County
It's hard or expensive to cook/eat healthy	35.71%	34.57%
None, I don't have any barriers	25.47%	29.41%
I don't exercise	24.53%	23.66%
I work too much	22.36%	28.06%
I don't have good health insurance	16.46%	15.08%
I can't get to somewhere I can exercise	9.63%	5.89%
I don't have support from family/friends	9.32%	7.29%
I don't like healthy food	8.07%	6.24%
I can't exercise outside	7.76%	6.04%
It's hard to be healthy where I work	6.21%	7.14%
I don't know how to be healthy	4.35%	2.95%
I can't get to somewhere that sells healthy food	4.04%	4.24%

#### **Barriers for YOU to get Health Care**

Survey Question: What do you feel are barriers for YOU getting health care in your county? (Check ALL that apply)

Response	PSA	Volusia County
None, I don't have any barriers	33.54%	36.40%
Can't pay for doctor/hospital visits	24.22%	21.83%
Lack of evening and/or weekend services	21.43%	22.63%
Long waits for appointments	21.43%	21.32%
Too much worry and stress	18.63%	20.93%
Can't find providers that accept my insurance	14.29%	12.93%
Don't know what types of services are available	13.04%	9.64%
Lack of transportation	10.56%	6.04%
I don't have insurance	6.83%	7.94%
Have no regular source of care	6.52%	5.59%
No one to turn to for help	6.21%	4.79%
Agencies and people cannot be trusted	4.97%	4.64%
No one that helps me	4.66%	3.39%
Racial Discrimination / Lack of respect	3.73%	2.45%
I can only use the ER	1.55%	2.05%

#### **Health Coverage**

Survey Question: How is your health care covered? (Check ALL that apply)

Response	PSA	Volusia County
Health insurance from your job/family member's job	53.42%	60.46%
Medicare	27.33%	20.03%
Health insurance that you pay on your own	11.80%	12.69%
Medicaid	7.45%	5.44%
I don't have health insurance	6.21%	8.54%
Military coverage/VA	5.28%	3.15%
Pay cash	4.97%	5.09%

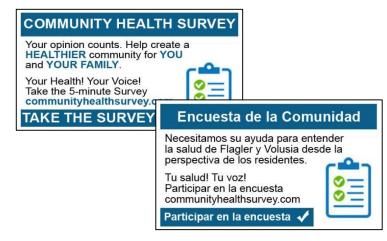
#### Where You Would Go if you were Concerned about Your Child

Survey Question: Where would you go if you were worried about your child's mental, physical or social health? (Check ALL that apply)

Response	PSA	Volusia County
I don't have children/dependents	45.34%	45.13%
Their doctor's office	30.43%	30.95%
Hospital emergency room in Volusia/Flagler County	8.39%	10.83%
Local place of worship or neighborhood group	5.90%	5.49%
Other family members or friends	5.59%	6.39%
School counselor	4.97%	6.99%
Hospital emergency room outside of Volusia/Flagler County	4.35%	2.95%
I don't know	4.35%	5.14%
Nowhere - we don't have a place to go	2.17%	2.25%
School teacher	1.86%	2.80%
The local health department	1.55%	2.85%
School nurse	0.93%	2.15%

#### **Promotional Items for web survey**





#### Paper Surveys available in English and Spanish

Creating a Healthier Volusia and Flagler: 2015 Community Survey We need your help in better understanding Volusia's and Flagler's halfs from a existent generative. Please if our this survey to share your opinions about health and your quality of life in your community. Your survey results will be used to inform planning initiatives as they relate to health. For more information or a copy of the final report, please contact. Jule Barrow at 305-9247-8301. Thank, you!		
Where is your permanent residence?     Flagler		
2. Zip code of where you live:		
How do you rate your overall health? (Check ONE selection)     Excellent		
Check up to \$ things that allow YQI to be healthy where you live:     Access to health care     Access to health care     Access to health care     Access to health care     Access to public hexaportation     Access to healthy hexaportation     Access to healthy food     Order		
Check up to § health leasues YOU are most concerned about in your county:     Asthmo     Respector/jung disease     And of the Cancer     Child abusolnegiest     Teenage pregnancy     HIVADS     Cancers     Cancers		
How safe do you feel where you live?     Very safe    Somewhat safe    Neither safe nor unsafe    Somewhat unsafe    Very unsafe		
7. Check up to 5 unhealthy behaviors YOU are most concerned about in your county:    Robord bases		
What health care services are difficult to obtain in your community? (Check ALL that apply):      Alternative thorspy     Posturior formed discriminated all upper lab work     Dental care care     Persent care (a.e. most all check upp)     Vision (a.e. upp)     Vis		
9. How do you rate the quality of health services in your county?  Excellent Good Fair Poor Don't Know		
Thank you for taking the time to complete this survey!		

2. ¿	Cuál es el código de área donde vive?:	_	Fuera de Florida
3. ¿	•		
□Б			
	¿Cómo usted califica su salud en general ccelente Buena	? (Seleccione <u>UNA</u> opción)  Razonable Pobre	■ No sé
■ A	Escoja hasta <u>5</u> opciones que le permiten a occeso a Iglesias o lugares para congregarse occeso a cuidado de la salud	Buen lugar para criar a los niños Buenos trabajos y economía	Ausencia de discrimen     Presencia de Tecnología Médica avanzad
■ A	cceso a lugares donde puedo estar activo	saludable  Buena educación	Areas donde se puede caminar fácil y seguro
■ A	cceso a transportación pública	Baja incidencia de crímenes/vecindarios seguros	Buen lugar para envejecer
	Opciones de vivienda disponible y accesible		Escuelas concentradas en la salud de los
	cceso a servicios mentales y sociales imbiente sano y saludable	Cuido de niños (guardería) accesible	
	•	conciernen/preocupan a <u>USTED</u> en el conda	ado donde reside:
■ A		Adicción – alcohol o drogas	<ul> <li>Abuso de niños/ Negligencia</li> </ul>
□ E	nfermedad Respiratoria/Pulmones	Problemas de salud mental	<ul> <li>Embarazos en adolescentes</li> </ul>
	Cuidado final de la vida Salud ambiental, alcantarillados, pozos	☐ Cáncer	☐ VIH/SIDA
		☐ Diabetes	■ Violencia doméstica
séptic		Lesiones/heridas en accidentes de carro	Obesidad en adultos
目前	infermedad/Ataque al corazón Iso de cinturones de seguridad	Armas de fuego en los hogares	Falta de sistemas de apovo a las familias
H	infermedades de transmisión sexual	Problemas dentales	Obesidad infantil
H	nfermedades de transmisión sexual resión arterial alta	FumariUso de tabaco	Violencia (violación, asalto, delincuencia)
	Desempleo	Falta de vivienda	Acceso a supermercados/comida
_	•	_	saludable
	Colesterol	Mortalidad Infantil/Muerte de infantes	Otro
	Cuán seguro se siente donde usted vive? fuy Seguro Algo seguro	Ni seguro/ni inseguro Algo inse	guro Muy inseguro
7. 5	Seleccione hasta 5 comportamientos poc	o saludables que le preocupan a <u>USTED</u> sol	ore su condado:
□ A	huso de alcohol	Falta de ejercicio No vacunarse para prevenir enfermedades	I I Iso de tabaro
□ s	alirse de la escuela	Falta de uso de métodos anticonceptivos	Sexo sin protección
H A		Discrimen Uso excesivo de la sala de emergencias	Estar sobre peso u obeso Problemas de salud mental/estrés
HA	ctividad sexual en adolescentes Pobre salud dental/oral	Uso excesivo de la sala de emergencias  Otro	rrunemas de salud mental/estres
8. <i>i</i> .	8. ¿Cuáles servicios de salud son difíciles de obtener en su comunidad? (Escoja TODAS las que apliquen):		
□ f	erapia alternativa 🔲 F	Recetas/medicamentos/suministros médicos	<ul> <li>Análisis de laboratorios</li> </ul>
	Cuidado dental/oral	Cuidado preventivo (Ej. Exámenes anuales)	<ul> <li>Salud mental/consejería</li> </ul>
		Cuidado primario (Ej. Doctor de familia o	Terapia física/terapia de rehabilitación
п.		as con atención sin cita previa) Médicos especialistas (Ej. cardiólogos)	■ Visión/cuidado de oios
natalid		norma capecialistas (EJ. cardiologOS)	was incurated the type

#### **Community Survey Instrument**

Creating a Healthier Volusia and Flagler: 2015 Community Survey  We need your help in better understanding Volusia's and Flagler's health from a resident's perspective. Please fill out this survey to share your opinions about health and your quality of life in your community. Your survey results will be used to inform planning initiatives as they relate to health. For more information or a copy of the final report, please contact Julie Barrow at 386-947-8301. Thank you!			
1. Where is your permanent residence?  Flagler Volusia Another Florida County Outside of Florida			
2. Zip code of where you live:			
3. How do you rate your overall health? (Check ONE selection)  Excellent Good Poor Don't know			
4. Check up to 5 things that allow YOU to be healthy where you live:  Access to churches or other places of worship  Access to health care  Good jobs, healthy economy  Access to places where I can be active  Access to public transportation  Affordable and/or available housing options  Access to social and mental health services  Clean and healthy environment  Access to churches or other places of worship  Good place to raise kids  Good jobs, healthy economy  Presence of advanced medical technology  Areas where it is easy and safe to walk  Good place to grow old  Schools focused on children's health  Access to social and mental health services  Clean and healthy environment  Other			
5. Check up to 5 health issues YOU are most concerned about in your county:  Asthma  Addiction – alcohol or drug  Respiratory/lung disease  Mental health problems  End of life care  Cancers  HIV/AIDS  Environmental health, sewers, septic tanks  Heart disease & stroke  Heart disease & stroke  Motor vehicle crash injuries  Seatbelt use  Sexually transmitted diseases  Dental problems  Childhood obesity  High blood pressure  Smoking/tobacco use  Homelessness  Access to healthy food/grocery stores  Cholesterol  Other			
6. How safe do you feel where you live?  Very safe Somewhat safe Neither safe nor unsafe Somewhat unsafe Very unsafe			
7. Check up to 5 unhealthy behaviors YOU are most concerned about in your county:  Alcohol abuse			
8. What health care services are difficult to obtain in your community? (Check ALL that apply):  Alternative therapy			
9. How do you rate the quality of health services in your county?  Excellent Good Fair Don't Know			
Thank you for taking the time to complete this survey!			

	Creating a Healthier Volusia and Flagler: 2015 Community Survey
	What do you feel are barriers for YOU getting or staying healthy in your county? (Check ALL that apply):  I work too much It's hard to be healthy where I work I don't know how to be healthy I don't know how to be healthy I don't have support from family/friends I don't exercise I don't like healthy food I can't get to somewhere I can exercise It's hard or expensive to cook/eat healthy Other
	What do you feel are barriers for YOU getting health care in your county? (Check ALL that apply):  Lack of transportation
	How is your health care covered? (Check ALL that apply): Health insurance offered from your job or a family member's job Health insurance that you pay on your own I don't have health insurance  Health insurance  Other  Pay cash Medicaid Other
	Where would you go if you were worried about your child's mental, physical or social health? (Check ALL that apply):  I don't have children/dependents
_	<b>Age:</b> less than 18  □ 18-24  □ 25-34  □ 35-44  □ 45-54  □ 55-64  □ 65+
00000	Marital Status Single Married Divorced Widowed
	Gender: Male Female
7. ]	Race: Which group do you most identify with? (Check <u>ONE</u> selection)  Black/African American
]	Ethnicity: Which group do you most identify with? (Check ONE selection)  Not Hispanic/Latino Mexican Duerto Rican Cuban South American  Central American
	Education: Please check the highest level completed: (Check ONE selection)  Elementary/Middle School
]	Employment Status: (Check ONE selection):         Employed Full-time       Employed Part-time       Unemployed       Self-employed       Not seeking work         Retired       Home maker       Student       Other
	Household Income: (Check ONE selection) Less than \$10,000
	Thank you for taking the time to complete this survey!

#### **Appendix B: Full Asset Inventory**

Efforts that are successfully addressing ADULT BEHAVIORAL HEALTH in Volusia County (Include specific resources, grants, groups, programs and services, organizations, efforts to impact policies/laws, system improvement efforts, collaborative groups, other strategic plans etc.)

- Break the Cycle Outpatient Program 724 S. Beach St. Daytona Beach, Fl. 32114
- The Chiles Academy
- SMA walk-in is great resource kind of like urgent care for BH
- Stewart Marchman Act Behavioral Healthcare
  - Adult Outpatient Substance Abuse Program (AOP)
  - o Physician Services Medication Outpatient Program
  - o Florida Assertive Community Treatment (FACT) Program
  - Anti-Drug Initiative (ADI)
  - Forensic Comprehensive Community Support Team (FCCST)
  - o Family Intervention Services (FIS)
  - Family Intensive Treatment Team (FITT)
  - o Community/Court Liaison (Outreach) Services
  - o SMA Treatment Team at the Volusia County Corrections Department
  - Pharmacy
  - o Enrichment Program Industries for persons with dev. disabilities or co-occurring disorders
  - o 24-hour Crisis Stabilization and Detox Services and Screenings
  - o Reality House, Re-Entry and Work Release Programs
  - o Family Education Programs, Speakers Bureau and Mental Health 1st Aid
- Treatment availability
- Substance Abuse Task Force
- Halifax Urban Ministries
- Daryl Strawberry Recovery Center
- ER's treat those wanting to hurt themselves or someone else.
- Access to information on assistance available
- Volusia-Flagler Behavioral Consortium and Circuit 7 Behavioral Consortium
- Narcotics Anonymous has almost 100 meetings in the area http://www.na.org/MeetingSearch/
- AA Meeting Locations
- Healthy Start Coalition of Volusia and Flagler Counties
- Affordable medical mental health care to include alternative treatments beyond hospitalization
- One Voice for Volusia
- Halifax
- The Community Connector
- Faith based counseling centers and private counseling opportunities
- Volusia County Moms
- Salvation Army
- Career Resource Center
- NAMI
- LSF (Lutheran Services of Florida)
- Transition Team Meetings

### What more could/should be done to successfully address ADULT BEHAVIORAL HEALTH in Volusia County?

- Open a detoxification / crisis unit.
- Enhanced screening opportunities
- Free transportation
- More options for low-cost or free therapy services.
- No help for some who accessed BH via SMA walk-in and needs meds to bridge the time it takes for the long-term meds to kick in. This person could be in mental hell for 3 or more weeks. By that time, they may want to hurt themselves.
- Collaborate efforts for the common good of the community
- Fire Service is beginning behavioral health programs around the country as they are usually the first to contact a potential patient
- More Drop-In Centers (we might have 2?)
- De-stigmatization
- Sharing of information between and among agencies
- More intensive outpatient options.
- Treat each case/individual separately as they have different needs
- Need a central receiving facility
- increased in- and out-patient treatment facilities
- One stop centrally located satellite site serving this population
- Don't use the" one size fits all" for this issue there are too many factors to consider for each individual
- Crisis Stabilization Funding tied to Intensive In-Home therapy services once stabilized
- Co-occurring counseling services
- Decreased planning studies, more active intervention
- Mobile crisis teams

## Efforts that are successfully addressing YOUTH MENTAL HEALTH in Volusia County (Include specific resources, grants, groups, programs and services, organizations, efforts to impact policies/laws, system improvement efforts, collaborative groups, other strategic plans etc.)

- The Chiles Academy and MicroSociety
- SMA; CINS/FINS, BEACH House and Residential Adolescent Program and ADOP
- Behavioral Screening Tools now on Volusia County Schools' report cards and Problem Solving Teams and The Volusia County Behavioral Initiative (VCBI)
- Life Coach Barbie Reed
- One Voice for Volusia Youth Substance Abuse Prevention Programs and NOPE Task Force
- Circuit Seven System of Care Evelyn Lynam
- Children's Home Society, Devereux, SMA, Halifax Behavioral, Circle of Friends, House Next Door
- Circuit Seven Early Childhood Court Team
- HBS Halifax Behavior Services
- Healthy Start Family Place and Healthy Families
- Community Partnership for Children/Community Based Care
- Pediatricians
- ADAPT Behavioral Services
- Programs offered through Domestic Abuse Council
- Cafe' Dialogues and Healthy Start Initiatives

- E.S.P Case management
- Florida United Methodist Children's Home
- PACE Center for Girls, Inc.
- Help Me Grow/211 screening tools and referrals
- School Health Advisory Committee (SHAC)
- Big Bear Behavioral Health, Inc., Presbyterian Counseling Center, Port Orange Counseling Center, Durden Consulting, Impower
- Grief Related: GriefShare, Begin Again, Hospice, Tears Foundation, Hospital Support Groups, etc. http://www.volusia.com/local-support-groups/
- Volusia Department of Juvenile Justice Council
- Prevention: Boys and Girls Clubs, Mentoring Programs, Youth Sports Leagues/Programs, PAL, After School Programs, Arts programs, Recreation Departments, Clubs, Youth Groups

### What more could/should be done to successfully address YOUTH MENTAL HEALTH in Volusia County?

- Expand in- and out-patient treatment facilities
- Increase prevention
- Earlier diagnosis.
- Getting adults involved in youth programs to keep kids growing
- Increased and easy access to information for services
- A Central Receiving Facility
- Expand screening opportunities
- Coordination of services
- Availability of therapy in schools.
- Education for parents, grandparents and extended family members
- Social Norming and Stigma Reduction regarding Mental Health and increasing youth protective factors
- Campaign to rid the stigma of Mental Health diseases
- Promoting youth service organizations
- Trauma Screening by pediatricians and other first contact professionals
- Tying treatment funding for youth mental health when parent's behavioral health is compromised

### Capacity Issues and Identified Gaps in services identified by the Volusia/Flagler Behavioral Consortium

- Children's Community Action Team (Behavioral Health Consortium Priority Top Priority)
- Intensive Crises Counseling Program/Intensive In-Home Family Services (Behavioral Health Consortium Top Priority)
- Family Services Planning Team funded/redefined for our area (Behavioral Health Consortium Top Priority)
- Transitional Youth Services linked to FSPT and other services (Behavioral Health Consortium Top Priority)
- Primary Prevention Services for children funding (Behavioral Health Consortium Top Priority)
- Uniform referral process and form
- Resource Guide
- Targeted Case Management (TCM)
- Psychiatric Evaluation and services
- Psychiatric Medication Management
- Therapeutic Group Homes
- Residential Statewide Inpatient Psychiatric Beds- SIPP (regional issue)

- Respite Beds (6 added to SMA through LSF in April 2016)
- Autism Spectrum Disorders (ASD) Services
- Mobile Crisis Team
- Specialized Respite for CSEC (children who have been sexually exploited) Victims
- Transportation to PHP Program
- Promotion of Universal Awareness of Mental Health Issues/identified youth sooner though screenings

# Efforts that are successfully addressing CHRONIC DISEASE-CARDIOVASCULAR DISEASES & DIABETES in Volusia County (Include specific resources, grants, groups, programs and services, organizations, efforts to impact policies/laws, system improvement efforts, collaborative groups, other strategic plans etc.)

- Midtown Eco-Village and The Kale Cafe
- Volusia County Schools Wellness Program
- Local hospitals
- YMCA Programs Health and Wellness that includes Diabetes Prevention Program and Nutrition programs
- Local schools
- Florida Hospital Creation Health, Smoking Cessation, Seminars, Workshops, Educational Campaigns
- Seminars and education programs offered by the hospitals and health departments
- Popularity and ease of use of fitness and health tracking "apps"
- Healthy Volusia and Partnerships with the Florida Department of Health
- Worksite Wellness
- Northeast Florida AHEC (Diabetes and Smoking Cessation)
- Mayor's Health Challenges across Volusia

### What more could/should be done to successfully address CHRONIC DISEASE-CARDIOVASCULAR DISEASES & DIABETES in Volusia County?

- Collective impact effort on exercise, healthy food options, and regular screenings
- Continuing to address the problem and educate the population
- Increase Educational Opportunities
- Lower cost insulin resources
- Access to more affordable fresh fruits and vegetables
- Through Fire Department Community Paramedicine, agencies can visit the most frequently seen diabetics to reduce their occurrence of crisis.
- FD can also evaluate food situation at home and offer information to maintain a healthy diet
- Work place policies and insurance premium fees applied for life-style choices that lead to chronic disease
- Healthy living programs to get and keep kids moving
- More diabetes education

# Efforts that are successfully addressing ACCESS TO HEALTH CARE SERVICES in Volusia County (Include specific resources, grants, groups, programs and services, organizations, efforts to impact policies/laws, system improvement efforts, collaborative groups, other strategic plans etc.)

- Jesus Clinic and Volusia Volunteers in Medicine
- Two Family Care Coordinators at The Chiles Academy and Early Head Start
- Good Samaritan Clinic
- Healthy Start Family Place
- Walk in Clinics for quick care new FH CentraCares
- Health Navigators to help with insurance coverage access
- Local Health Department
- Healthy Families
- Halifax Community Clinics
- Florida Shots
- 211live.org
- Star Center
- COA services for Seniors and multiple hospices for palliative care
- HUM and Salvation Army and Halifax Hospital and other partners providing Healthcare to the homeless
- Doctors' offices now open on Saturdays
- Halifax Health Behavioral-Support groups open to the public
- Florida Breast and Cervical Cancer Prevention/Early Detection Program
- Halifax Oncology Center "ROC"
- Project Warm
- One Voice for Volusia (OVFV)

### What more could/should be done to successfully address ACCESS TO HEALTH CARE SERVICES in Volusia County?

- Mobile services for screenings in collaboration with community centers, churches, schools, etc. in more rural parts of county
- Transportation
- Better public transportation between the west side and east side. Takes too long to go across county. Could be 2 plus hours one way. Maybe hospitals provide community benefit by funding more Votran Gold type transportation.
- The west side of the county needs more specialists and quick-care.
- Extended hours for service and weekend hours without having to go to an Urgent Care or Hospital which is more expensive
- Find providers able to alter hours to accommodate the working poor, e.g. after 8-5 hours and weekends
- Fire Department Community Paramedicine assist patients with access to medications, understanding discharge orders, and accessing available social services
- Update 211live.org with more resources and show office hours under listing
- Satellite locations for WIC and child health care
- Doctors need to be free to practice medicine without the approval of the insurance companies.
- Study why people go to emergency departments, if it's convenience, what is inconvenient about non-ER providers?

# Efforts that are successfully addressing HEALTHY EATING & PHYSICAL ACTIVITY in Volusia County (Include specific resources, grants, groups, programs and services, organizations, efforts to impact policies/laws, system improvement efforts, collaborative groups, other strategic

plans etc.)

- 5210, YMCA's programs and Fitness Programs and Gyms in the community
- Boys and Girls clubs
- Sports leagues
- Bikes and Trails
- Midtown EcoVillage, The Kale Cafe
- The Chiles Academy and Early Head Start's nutrition program
- Local churches
- Volusia County moms
- Girls on the run
- Alliance for Healthier Generation
- Volusia County Schools- VCS Wellness Policy
- SHAC School Health Advisory
- Action for Healthy Kids
- Healthy Volusia
- Team Red White and Blue
- County and City Recreation Departments
- Mayor's Fitness Challenges
- Worksite Wellness http://www.funcoastwwc.org/

### What more could/should be done to successfully address HEALTHY EATING & PHYSICAL ACTIVITY in Volusia County?

- Encourage people to try new activities, perhaps through scholarships
- Encourage entrepreneurship in starting farmer's markets
- Walkability enhancements (sidewalks, etc.)
- Fitness challenges
- Offer local tax credits for coaching, teaching, participating in exercise activities
- Address food desert issues
- Coordinated after school activities
- Apply for grant opportunities to promote healthy eating & physical activity
- Set Goals for nutritional education
- Coordinate efforts and programs that exist in the community & district
- Cross county trail/bike path that is accessible
- Outreach to adults that DO NOT have children.
- Fit-bit "type" challenges on a county wide scale. May also be options for smart phones.
- Healthy diet is a direct link to various medical issues. Community Paramedicine interacts with patients with known issues in a one-on-one basis at their home
- Policy changes and incentives/fines for health living (healthy BMI should carry same weight as non-smoker

#### One Voice for Volusia Coalition CHNA Vetting Attendance April 13, 2016 at the Florida Department of Health in Volusia County

Name	Agency
Abraham, Lydia	Volunteers for Community Impact
Acevedo, Kathy	Friends of Library Access
Anthony, Wendy	Health Planning Council of Northeast Florida
Apicella, Vickie	Daytona State College-Fresh Start Program
Barbosa, Maria	DIVAS International
Barnes, Kimberly	UCF Student/OVFV Intern
Barnette, Kate	Volusia County Schools
Bass, Maia	Children's Home Society
Beauregard, Micky	Domestic Abuse Council
Berardi, Lois	Community Resident
Biro, Edie	VOTRAN
Blair, Marianne	Volusia County Schools
Bodziak, Ann	Florida Department of Health in Volusia County
Bolin, Jarrett	Magellan Complete Care
Boswell, Patricia	FDOH-Volusia
Boyle, Bryan	Boyle Financial
Bruno, Frank	Volusia COAD (Community Organizations Active in Disaster)
Bryant III, Charles	City of Daytona Beach Redevelopment Dept.
Bullard, Sam	Children's Home Society
Burgess-Hall, Nancy	Halifax Council of the Blind
Case, Joyce	Health Planning Council of Northeast Florida
Catlett, Darlyne	Florida Hospital Community Care
Cerullo, Jean	National Federation of the Blind
Cerullo, Peter	Division of Blind Services/National Federation of the Blind
Chaisson, Jeff	Christian Center for Community Connections
Chrapek, Karen	Darryl Strawberry Recovery Center
Clarke, Sharon	Magellan Complete Care
Coalson, Carl	SEDNET-Volusia, Flagler, Putnam, and St. John's Counties
Collett, Kyle	MTM, Inc.
Crowe, Allison	UF Child Protection Team
Dasilva, Priscilla	Florida Hospital Community Care
Davis, Belinda	Community Resident
Davitt, Lisa	PACE Center for Girls
Deegan, Tiffany	CHS
DeVane, Steven	Duvall Home
Dick, Raymi	Darryl Strawberry Recovery Center
Edgcomb, Courtney	United Way of Volusia & Flagler Counties
Edwards-Johnson, Angela	UCF-Daytona Beach
Esposito, Shelby	Daytona Beach Health and Rehabilitation Center
Faison, Tracy	Pediatric Health Choice
Ford, Harold	Molina Healthcare
Fredsall, Cheryl	Daytona Beach Health and Rehab
German, Akisia	Bethune Cookman University-Odessa Chambliss Center
Gillikin, Doug	James Moore & Co.
Glazner, Phil	Volusia County Pharmacy Association
Graser, Tegan	Children's Home Society

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Hall, Doug	DB Mayor's Alliance for Persons with Disabilities/Friends of Library Access, Inc.
Hall, Khalilah	Aetna/Coventry One
Husband, Laureen	Florida Department of Health in Volusia County
Husbands, Ashleigh	FL LINC Project
Huser, Lisa	Pathfinder Advocacy Center
Jackson, Sheila	United Way of Volusia-Flagler Counties
James, Patricia	County of Volusia-Human Services
Jennings, William	Volusia County Department of Corrections
Johnson, Catherine	Volunteers for Community Impact
Johnson, Chantel	Daytona Beach Health and Rehabilitation Center
Johnson, Lisa	PACE Center for Girls
Kirvai, John	State AB&T
Kress, Victoria	Stewart Marchman Act Behavioral Healthcare
Lawson, Devonte	The Salvation Army
Lee, Diana	Bethune Cookman University
Lewandowski, Jillian	Department of Juvenile Justice
Lill, Mica	Volusia/Flagler YMCA
Loach, Rosha	The Healthy Start Coalition of Flagler and Volusia
Long, Maria	The Healthy Start Coalition of Flagler and Volusia
Luis Torres, Angel	Pathfinder Advocacy Center
Maddox, Dorothy	Housing Authority of the City of Daytona Beach
Martin-Morgan, Dianne	Volusia County Schools
Massey, Christopher	Circuit 7
McGinley, Loren	CareerSource Flagler-Volusia
·	Conklin Center
McMullin, Lori	
Medina, Michelle	Florida Hospital
Merrithew, Damiel	Department of Juvenile Justice
Miller, Allison	Early Learning Coalition
Nichols, Elexia	SMA Behavioral-Beach House
Nightingale, Joanna	Pediatric Health Choice
Papaj, Andrea	Eldersource/SHINE
Perry. Andy	Wise Resource
Philio, Cher	Halifax Health – Healthy Communities
Pietrewicz, Dawn	Health Planning Council of Northeast Florida
Poole, Melissa	Family Health Source
Preston, Gloria	Florida Health Care Plans
Prince, Heather	Stewart-Marchman-Act Behavioral Healthcare
Prince-Mack, Ebony	SMA Beach House
Reddick, Shalacka	Community Resident
Ringue, Amy	Daytona State College
Rivera, Lisa	MTM, Inc.
Roberts, Joann	Adoption and Family Support Center
Robinson, Cindy	Florida Health Care Plans
Roebling, Christina	United Way of Volusia-Flagler
Rondeau, Ron	Florida Department of Health in Volusia County
Royall, Denise	Domestic Abuse Council
Ryals, Lisa	Boys and Girls Clubs of Volusia and Flagler Counties
Salazar, Angela	Family Health Source
Sally, Steve	The House Next Door
Sentelik, Carolyn	Stewart-Marchman-Act Behavioral Healthcare
Sinnott, Lynn	Easter Seals Volusia Flagler
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Small, Vettrys	Children's Home Society
Smith, Thalia	The Healthy Start Coalition of Flagler and Volusia
Soule, Elizabeth	Volusia County Teen Court
Stout, Owanna	BAYS Florida
Szabo, John	AB&T
Taylor, Heather	Miss Wheelchair Florida
Taylor, Kim	Guardian ad Litem Program
Toubman, Jo	NTF
Walsh, Anthony	James Moore & Co
Warriner, Sharon	Children's Advisory Board
White, Theresa	Early Steps
Williams, Johnny	Health Rehab
Wise, Teresa	Wise Resource
Wilary, Loretta	United Way of Volusia Flagler
Young, Kim	Break the Cycle
Barrow, Julie	Executive Director
Kennedy, Lynn	Project Director
Conroy, Hope	Youth Outreach Coordinator
Dinda, Nichole	Clerical Assistant
Baird, Carrie	CHNA Consultant, Baird Solutions